

## Munu Sun

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VOL. 26, NO. 48

#### **SANIBEL & CAPTIVA ISLANDS, FLORIDA**

MAY 31, 2019

MAY/JUNE SUNRISE/SUNSET: **31** 6:36 • 8:16 **1** 6:36 • 8:17 **2** 6:36 • 8:17 **3** 6:35 • 8:17 **4** 6:35 • 8:18 **5** 6:35 • 8:18 **6** 6:35 • 8:19



SCCF's Sea Turtle Program Coordinator Kelly Sloan and volunteer Kerry Salatino checking the inventory of a hatched sea turtle nest photo by Jeff Lysiak

#### Numbers Up This Year For Nesting Sea Turtles

by Jeff Lysiak

A lthough it is only a month and a half into the current sea turtle nesting season, things appear to be positive for the future of the species.

As of May 24, Sanibel-Captiva Conservation Foundation (SCCF) sea turtle program staff and volunteers have discovered 20 nests on the east end, 71 nests on the west end (69 loggerheads and two greens) and 28 on Captiva (27 loggerheads and one green).

"For reference, on the same day last year we had 16 on the east end, 46 on the west end and 15 on Captiva," said Kelly Sloan, program coordinator. "It's

continued on page 27

#### Texas Lady Anglers Fish Captiva Waters

by Jeff Lysiak

all it love at first bite.

When Patricia Picco and Patti
Polensky, co-founders of the Texas
Lady Anglers – a fishing club for women
based in Galveston – visited Southwest
Florida on a fishing excursion for tarpon
last year, they came away thinking the area
would make a ideal destination for their
group.

Last week, eight members of the Texas Lady Anglers came to Captiva, spending two days on the water fishing for the "silver king" while making camp at Jensen's Twin Palm Cottages & Marina. Asked if their angling efforts were successful, both women agreed that things couldn't have gone any better.

"Our group landed at least one tarpon each, and one of our members landed a pretty nice-sized, 35-inch snook," said Picco. "We landed 14 fish total, and jumped close to 20."

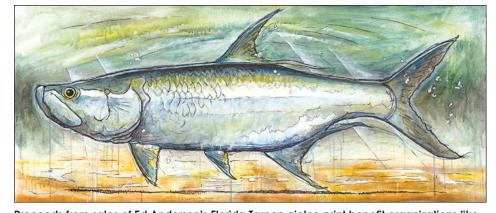
"My husband and I had fished the area before, and we didn't catch anything," added Polensky. "So I think it's fair to say the trip exceeded all of our expectations."



Tiny Drake prepares to catch and release her tarpon photo provided

According to the group's website, the Texas Lady Anglers – founded in 2004 – are dedicated to enhancing the fishing experience for all women anglers, beginners and veterans alike. Through seminars, group trips and tournaments, ladies of various skill levels come together

continued on page 22



Proceeds from sales of Ed Anderson's Florida Tarpon giclee print benefit organizations like Captains For Clean Water image provided

#### Wildlife Artist Arrives At Refuge

by Jeff Lysiak

To celebrate the upcoming 75th anniversary of the JN "Ding" Darling National Wildlife Refuge, the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) invited renowned wildlife artist Ed Anderson to visit the Sanibel

nature sanctuary for eight weeks this spring. On May 15, Anderson arrived from his home in Boise, Idaho and became "Ding"

home in Boise, Idaho and became "Ding" Darling NWR's first artist-in-residence. As part of the program, Anderson sets up on Wildlife Drive to sketch, paint and interact with visitors on select Tuesdays (June 4, 11 and 25) and Thursdays (June 6, 20 and 27) from 10 a.m. to 2 p.m.

"Southwest Florida is kinda like a home away from home for me," Anderson said last week as he created his latest acrylic



Artist-in-residence Ed Anderson works on his painting along Wildlife Drive last week as

Supervisory Refuge Ranger Toni Westland looks on photo by Jeff Lysiak

painting, a scenic landscape of the refuge. "My surrogate grandparents have a home on Tahiti Drive here on Sanibel, and my grandparents lived in Naples for years. I've spent a lot of time fishing and kayaking

here before... it's a very accessible place and I enjoy coming and spending the day here."

With paint brush and palette in hand, continued on page 6

#### Celebrate the 29th Annual Independence Day Parade Thursday, July 4, 2019 9:30 a.m. Seas The Day Presented by:







Entry Fee: Commercial \$30.00 Non-Commercial \$15.00 Each Entry Fee is for a Maximum of 3 Vehicles

Please Make Checks Payable to: 4th of July Parade Account

Mail/Drop Off: Bank of the Islands, 1699 Periwinkle Way, Sanibel Island, FL 33957

♦♦♦ Additional Information??? Contact Trish Phillips at 239-246-2981 ♦♦♦

♦♦♦ Mandatory Parade Participant Meeting on Friday, June 28, at Bank of the Islands (10:00 am or 5:00 pm)



Make Sure to Purchase Your 2019 Parade T-Shirts at Bank of the Islands



#### 2019 Parade Categories

Best Float – Commercial Best Float - Small Entry Best Nature Theme

Best Float - Not-for-profit Best Salute to the U.S. Military Most Patriotic Best Original Design

Best Float - Family Best Music

#### Entries must be returned (with payment) BEFORE Monday, June 24, 2019

Register Early for Best Starting Position in Parade! Registration Date is the First Determining Factor in Entry Positioning

Name of Business or Organization:	
Contact Person:	
Mailing Address (required):	
E-mail Address (required):	
Daytime Telephone Number (required):	
Number of Participants:  P. Music P. Mu	<u>Jsic</u>
Live? (Yes) or (No) Boombox or Amplifier? (Yes) or (No)	
Other?	Ti
Physical Description of Float (Ex: P/U Truck w/8' trailer, Bicycles, golf cart, walking):	
Name Email & Phone # of Person Attending Meeting on 6/28:	

Line up the Day of the Parade will be between 8:00 am and 8:30 am on Island Inn Road (Entries arriving after 8:45 am will be placed at the end of the Parade line up)

#### Caloosahatchee Reservoir Water **Quality Summit**

The public is invited to attend a Caloosahatchee C-43 Reservoir Water Quality Summit at the Lee County Administration East Building, Room 118, on Wednesday, June 5 from 9 a.m. to 4 p.m. The summit will bring scientific experts, governmental leaders, private organizations and citizens together to discuss this vital issue.

C-43 Reservoir is an important Everglades Restoration project being constructed to help feed additional freshwater back to the Caloosahatchee during the dry season, when it needs additional flow. A water quality component was originally envisioned as being necessary to ensure that the water entering and stored in the reservoir would be clean enough to return to the river. Some research and projects have been done to date to address this issue; however, there may be additional

opportunities to improve water quality.

The Coastal & Heartland National Estuary Partnership (CHNEP, formerly the Charlotte Harbor National Estuary Program) works to protect the Caloosahatchee river and estuary, and has recently extended its boundary to encompass the freshwater portion of the watershed up to Lake Okeechobee. Input at the summit will further the CHNEP goals of restoring the natural hydrology and improving water quality.

Expert presenters from the South Florida Water Management District, U.S. Army Corps of Engineers, Florida Department of Environmental Protection, North Carolina State University, Wetland Solutions, Sanibel-Captiva Conservation Foundation, City of Sanibel, Conservancy of Southwest Florida, Lee County, Peace River Manasota Regional Water Supply Authority, Lehigh Acres Municipal Services Independent District and others will provide information on a variety of topics including:

Historical Water Quality Treatment

Nutrient Pollution Reduction and Water Quality Improvement Methods Caloosahatchee Water Quality

Conditions Caloosahatchee Projects Under Way Other Water Quality Improvement Opportunities

How the Public Can Stay Engaged Going Forward

Additionally, there will be opportunities for the public to submit questions and provide their own ideas. The South Florida Water Management District and the Florida Department of Environmental Protection, in response to Gov. DeSantis' executive order to pursue a water quality component for the C-43 Reservoir, will use the input collected in beginning their feasibility study public process.

Lee County Administration East Building is located at 2115 Second Street in Fort Myers. For more information, visit www.chnep.org/c-43-reservoirwater-quality-summit.☆



Artwork designed by Dave Drotleff

#### Independence Day Parade T-Shirts On Sale

he 29th annual Independence Day Celebration T-shirts are now on sale at Bank of the Islands, located at 1699 Periwinkle Way. Tanks and T-shirts in light grey are available for \$10 each in sizes S to XL; \$12 for XXL. Artwork for this year's theme, Seas the Day, was designed by Dave

The annual Sanibel and Captiva Islands Independence Day Parade is scheduled for Thursday, July 4 beginning at 9:30 a.m. at the intersection of Periwinkle Way and Tarpon Bay Road. Captains for Clean Water will serve as grand marshal. The parade route runs from Tarpon Bay Road down Periwinkle Way and ends at Casa Ybel Road. Parade judges will be stationed in front of Winds on Periwinkle Way, across from Palm Ridge Road. Awards will be given in nine categories: Best Float-Commercial; Best Float-Small Entry; Best Float-Nonprofit; Best Float-Family; Best Nature Theme; Best Salute to the U.S. Military; Best Original Design; Most Patriotic; and Best Music.

Entry forms are available at Bank of the Islands and also published in Island



#### Independence Day T-shirt

Sun. Commercial entry fee is \$30 and non-commercial is \$15. Deadline for entry is Monday, June 24. There will be a mandatory parade participant meeting on Friday, June 28 at 10 a.m. or 5 p.m. One representative from each entry is required to attend a meeting to receive instructions, their parade information packet and number assignment in the parade lineup. The lineup takes place from 8 to 8:30 a.m. on Island Inn Road; enter Island Inn Road from Middle Gulf Drive. Participants arriving after 8:45 a.m. will be placed at the end of the lineup. There is a 12-foot maximum height restriction for floats, and the use of devices such as water guns, launchers and hoses is prohibited during the parade.

Periwinkle Way will be closed from Donax Street to Tarpon Bay Road beginning at 9 a.m. and will reopen around noon. Parade viewers are encouraged to arrive early to secure their spots, and bring lawn chairs or blankets. Parking will be available at Jerry's Foods, Sanibel Community Church, Tahitian Gardens Shopping Center, Forever Green/ACE Hardware, Sanibel Congregational United Church of Christ, Periwinkle Place Shopping Center, The Community House, Sanibel Square, The Village Shops, Palm Ridge Place and Bailey's Center. Handicap parking will be available at Sanibel . Community Park until 9 a.m. For more information, call 246-2981.

#### Interplanetary Fun At Vacation Bible School

Tacation Bible School at Sanibel Community Church runs June 3 to 7 from 4 to 7:15 p.m. All children are welcome to join their fellow voyagers for a "Miraculous Mission" and learn how "Jesus Saves the World." Registration is open for this free program, which includes plenty of interplanetary fun with recreational

games, science, crafts, music, Bible stories and an out-of-this-world dinner. All children from preschool to completed fifth grade are invited to attend.

For more information, contact Holly Patton-Roark at 472-2684 ext. 122 or holly@sanibelchurch.com. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Foods).

> Read us online at IslandSunNews.com



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#### SCCF Sea Turtle Nesting Statistics

anibel-Captiva Conservation Foundation (SCCF) reported that sea turtle nest counts are up significantly from last year. Peak nesting for loggerheads typically occurs in mid to late June, so numbers are expected to grow.

For the most current numbers on sea turtle nests, visit http://sccf.org/our-work/ sea-turtles.

#### As of May 27, 2018

Sanibel East: 19 loggerhead nests, 0 green nests, 24 loggerhead false crawls\*, 0 green false crawls

Sanibel West: 59 loggerhead nests, 0 green nests, 77 loggerhead false crawls\*, 0 green false crawls

Captiva: 22 loggerhead nests, 0 green nests, 18 loggerhead false crawls\*, 0 green false crawls

#### As of May 27, 2019

Sanibel East: 24 loggerhead nests, 0 green nests, 27 loggerhead false crawls\*, 0 green false crawls

Sanibel West: 89 loggerhead nests, 2 green nests, 146 loggerhead false crawls\*, 5 green false crawls

Captiva: 36 loggerhead nests, 0 green nesst, 41 loggerhead false crawls\*, 0 green false crawls

false crawl – a failed nesting attempt

If you have questions or would like to know more about nesting statistics on Sanibel and Captiva, contact seaturtle@sccf.org or call SCCF at 472-2329.

#### Looking Back: Early Hunting On Sanibel

image shows hunters posing with their weapons before heading out from the Sisters Hotel on Sanibel.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. through April. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge. Beginning May 1, village hours are 10 a.m. to 1 p.m., with one guided tour at 10:30 a.m. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www. sanibelmuseum.org or call 472-4648.☆



**Early hunters** 

photo courtesy Sanibel Historical Museum and Village

#### Churches/Temples

#### **ORTHODOX CHURCH**

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www. annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

#### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

#### HISTORIC CAPTIVA **CHAPEL BY THE SEA**

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

#### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

#### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

#### SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m.: 10 a.m. blended or traditional service (alternate months). Sunday school and nursery care at 10:00 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

#### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

#### ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

#### **UNITARIAN UNIVERSALISTS** OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.<sup>™</sup>



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Volunteer Elaine Parente sorts produce at the FISH Food Pantry courtesy of Sanibel Island Farmer's Market photo provided

#### Farmers Market Will Be Missed At FISH Food Pantry

onations from the Sanibel Island Farmers Market were greatly appreciated at the FISH Food Pantry again this season. FISH of SanCap and the Sanibel Island Farmers Market join forces annually to provide fresh products to neighbors who use the food pantry.

Owners Betsy Ventura and Jean Baer organize the market throughout season and suggest vendors pack boxes of unsold fruits, vegetables and goodies for the FISH Food Pantry. At the end of every market Sunday, FISH volunteers pick up, sort and stock donated items at the FISH Food Pantry, located at 2430 Periwinkle Way. Participating vendors that donate to FISH include European Bakery, operated by the Foerschner Family; Straight from New York Bagels, operated by the Sexton Family, and Gallego's Farm, operated by the Gallego Family.

"FISH and our neighbors greatly appreciate the generosity of the farmers market. We cannot thank Betsy, Jean and the generous vendors enough for helping supply healthy choices for those that use our pantry. The continued support of the farmers market and their eagerness to help is an integral part of our program's success," said Maggi Feiner, FISH president and CEO. "The volunteer teams, some of which include island youth earning community service hours, who pick up from the market

and organize our food pantry on Sunday afternoons deserve our heartfelt thanks as well. We could not provide these wonderful healthy foods to our community without their help."

While the farmers market, island businesses, residents and visitors make donations to help keep the food pantry stocked, the slower summer months deplete its shelves. This time of year in particular, the food pantry needs your help and accepts donations of food, including perishables, personal products, and other items, Monday through Friday from 8 a.m. to 4 p.m. During non-business hours, individuals may leave unopened, unexpired non-perishable food and other items in the drop-off bin located outside the Walk-In Center entrance.

FISH is always in need of: Canned products including tuna, chicken, vegetables and soup; fruits and fruit juices; pork and beans; stews and other meats.

Packaged foods including pasta, lentils, pinto and other beans; macaroni and cheese; packaged dinners; instant soups; hot and cold cereals; peanut butter and other nut butters; nutritional bars: protein, granola, energy or breakfast bars.

The FISH Food Pantry is a vital service for many households. Once qualified by FISH, households are given a food pantry card to shop for items to supplement their grocery needs. The food pantry is open Monday through Friday from 10 a.m. to 3:45 p.m. For more information on FISH programs and services, visit www.fishofsancap.org or call 472-4775.\*\*







Walks depart at 9 a.m. every day, from the Island Inn. Advance reservations are required. Register online at:

SHELLMUSEUM.ORG/BEACH-WALK

#### Sunday Seminar Series Off To A Strong Start





Rev. Dr. John H Danner

Rev. Deb Kunkel

ach year, the Summer Sunday
Seminar Series at Sanibel
Congregational United Church of
Christ generates discussion about timely
topics and theological themes. The current
season of presentations at 9 a.m. each
Sunday began on May 19, when Glenna
Irwin, a scholarly and well-traveled member
of the congregation, presented Sri Lanka
– Then and Now. She offered insights into
the country's past and current problems
and their role in precipitating the April
2019 bombings.

On May 26, the Rev. Dr. John H. Danner, senior pastor, presented Another Christian View on Abortion. He explained, "Many people automatically assume that all Christians are opposed to a woman's right to choose when it comes to abortion. However, that is not the case."

On June 2 and 9, in recognition of Ramadan, Dr. Danner will present a two-part series called A History and Theology of Islam. The first session will explore the history of the beginnings of Islam, and the second session will examine important theological considerations.

On June 16, the speaker will be Michelle McKay of Global Ministries. As a mission co-worker with the National Spiritual Council of Churches of Haiti, an ecumenical church organization, McKay teaches conversational English to high school students in Port au Prince at a school run by the organization. She is now taking on a role where she supports church projects throughout the country.

The Rev. Deb Kunkel, associate pastor at the church, is organizing a People to People pilgrimage to the Dominican Republic from October 19 to 26. The group will meet with Global Ministries partners, and McKay's June 16 presentation will offer a deeper understanding of the island the two countries share. Information about the upcoming trip is available through the church office.

Summer Sunday Seminars are presented at 9 a.m. in Heron Hall, on the lower level of the church, which is located at 2050 Periwinkle Way, across from Periwinkle Place shopping center. All sessions are free and open to the public. Because each class stands alone, participants may attend any or all presentations.

In June, the church offers a chapel service at 7:45 a.m. each Sunday and a blended service at 10 a.m. with music provided by Shawn and Abbey Allison

and Dave Dust. Nursery care and Sunday school are available at the 10 service. For more information, call 472-0497 or visit www.sanibelucc.org.

From page 1

#### Wildlife Artist



Artist-in-residence Ed Anderson adding some definition to the cloud formation in his painting photo by Jeff Lysiak

Anderson set up his pop-up artist studio near mile marker 1 on Wildlife Drive last Tuesday morning. As he added details to the cloud formations in the skies depicted in his painting, several curious refuge visitors strolled up to his tent. Some simply watched him work, while others asked him about his technique.

"I'm also doing some journaling and sketching while I'm here," Anderson noted. "I'm just trying to chronicle my whole experience of being here. We're trying to educate people, talking about the history of the refuge and the legacy of 'Ding' Darling. I also like talking about how we manage wildlife, from an artist's perspective."

On June 7 and 28, Anderson will introduce participants to his unique style of extemporaneous art and travel journaling with a 10 a.m. briefing in the "Ding" Darling Visitor & Education Center auditorium. Both Friday Art Journal Walks are free, but limited to the first 20 participants.

Participants will receive a free journal to carry with them as they follow Anderson on an art and nature learning adventure along Indigo Trail to the Wildlife Education Boardwalk. Note: Wildlife Drive is closed to

the public on Fridays.

While he is here, Anderson will also be mentoring youth groups, including a mural project onsite at Quality Life Center of Southwest Florida in Dunbar and a PACE Center for Girls art workshop at the refuge. The Gardner Families is sponsoring the PACE Center event along with DDWS, which is also seeking sponsors for other outreach and onsite educational activities.

According to Supervisory Refuge Ranger Toni Westland, Anderson was brought to Sanibel with assistance from DDWS, a grant from Rockwell Foundation, several private sponsorships and from R3, a nonprofit that advocates the conservation

values of sportsmen.

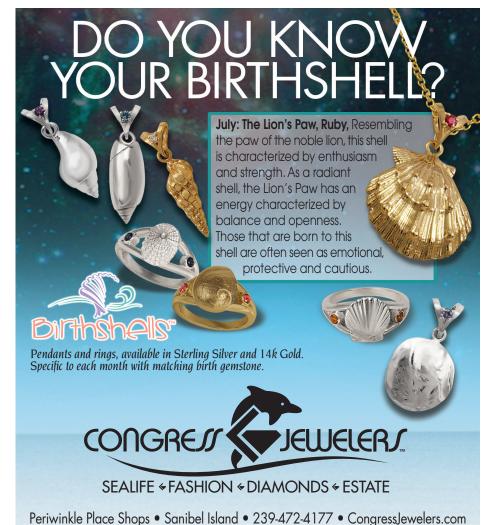
"Our refuge was created by conservation artist Jay Norwood 'Ding' Darling in 1945, so it's more than fitting that we begin celebrating our 75th anniversary with interpretive art programs," said Westland. "Darling, who created the Federal Duck Stamp program, designed the first duck stamp and the refuge system's Blue Goose logo. He won the Pulitzer Prize twice for his popular political cartoons throughout the 1920s and '30s."

"I am excited to be inspired by some of 'Ding' Darling's most famous conservation cartoons as part of my body of work at the refuge," added Anderson, whose artwork hangs in the homes of collectors and has been featured in publications across the United States, including *Gray's Sporting Journal*, *Backcountry Journal* and *Gulfshore Life*. "Darling could be considered one of the original wildlife doodling storytellers, and that's essentially how I work."

Anderson, who will remain in residence until July 2, stated that he is looking forward to returning to the islands next winter, when he will exhibit his artwork and personal journals in the "Ding" Darling Visitor & Education Center auditoriums starting in mid-February 2020.

"I really want to create a retrospective of my body of work that speaks to 'Ding' Darling's legacy. He helped create the entire refuge system... he essentially invented how hunting tags are sold... he led the conservation movement and helped influence generations of artists and anglers. All of those storylines are kind of overwhelming. But obviously this is an amazing opportunity for me."

For more information, visit www. edandersonart.com. For additional details on the 75th anniversary celebration at the refuge, visit www.ding75.org.





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www.ShopOnSanibel.com



#### Captiva Community Panel Report

he City of Sanibel conducts a hurricane seminar every year to educate the residents, businesses and island workers. The seminar, which is free and for which reservations are not required, will be held at The Community House, located at 2173 Periwinkle Way, at 1 p.m. on Friday, June 14.

This year's featured speakers are: Dave Roberts, the city's weather consultant, will provide information on hurricane formation, the categories of tropical systems and the dangers of storm surge.

Sandra Tapfumaneyi, Lee County Emergency Management Operations chief, will discuss family emergency planning and explain the county's responsibilities in

dealing with tropical storm systems. Kathy Monroe, FISH of SanCap program director, will discuss special needs issues on Sanibel and Captiva.

Keith Williams, Sanibel Community Services director, will discuss the city's post-storm recovery plan. Harold Law, Sanibel building official,

will review city building codes.

William Dalton, Sanibel Police chief, will lead the seminar and review the city's storm plans.

Prior to the seminar, the Fort Myers American Red Cross office will have its new emergency response vehicle on display from noon to 1 p.m. A volunteer will be on hand to discuss its purpose and answer questions.

Citizens unable to attend the seminar are encouraged to watch the video on www.mysanibel.com a few weeks afterwards. A press release and email will announce when the video is posted.

Sanibel-Captiva Road Culvert **Repairs Under Way** 

On Sanibel-Captiva Road, between mile markers 5 and 6, the roadway crosses the Clam Bayou-Dinkins Bayou Box Culvert. This structure links Clam Bayou on the south side of the road with Dinkins Bayou on the north side.

During the course of recent inspections and routine maintenance activities, necessary additional repairs were identified. These repairs began on May 20

and are anticipated to take approximately 45 days. Once initial mobilization activities are complete, two lanes of traffic will be maintained with a slight shift in roadway alignment until all repairs are completed. Drivers and pedestrians must proceed slowly and cautiously through the area when workers are present.

Contact the Sanibel Department of Community Services Public Works Division at 472-6397 if you have any questions regarding the box culvert.

Iguana Update

A reminder to anyone who is willing to give permission to Alfredo (the iguana trapper) to visit their property for removal of iguanas: provide your name, address, phone number and email and indicate how often vou see the iguanas.

This is a test program, which means Alfredo may not be visiting all properties that have given permission. If Alfredo plans on visiting your property, either Dave Jensen or Alfredo will contact you as to when this will take place. So far, 39 owners have given permission to access their properties.

On the first visit (May 7), Alfredo got to 20 properties and was able to eliminate 21 iguanas. This is good news and bad news, as it might mean there is a larger problem; typical first-day results are two or three iguanas. The last visit (May 23), he

Over the next few weeks, Alfredo plans on revisiting those sites along with some new properties, depending on how many respond to a request for confirmation.

Îf you have Captiva iguana-specific questions, please contact Alfredo direct at AAwildlife1@yahoo.com or 440-7783. You can also contact Dave Jensen at 470-5389

#### Captiva Community Panel To Meet June 11

The next meeting of the Captiva Community Panel is tentatively set for Tuesday, June 11 beginning at 9 a.m. in the Cone Rooms at South Seas Island Resort. This meeting is open to all interested islanders and the public. Information and background documents are available online at www. captivacommunitypanel.com.

CEPD Meets June 10

The next Captiva Erosion Prevention District (CEPD) board meeting will be held on Monday, June 10 beginning at 1 p.m. in the Cone Rooms at South Seas Island Resort. Information is online at www.

mycepd.com or by calling 472-2472.

It's Sea Turtle Nesting Season

The Sanibel-Captiva Conservation Foundation (SCCF) is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva islands and in the surrounding watershed.

Sea turtle nesting season is upon us in Southwest Florida, and everyone is asked to do their part by keeping beaches sea turtle friendly:

Turn off or shield all lights that are visible from the beach. Do not use flashlights or cell phone lights on the beach. If necessary, use amber or red LED

Do not disturb the screens covering nests. They prevent predators from eating the eggs, and the hatchlings emerge through the holes without assistance.

Remove all beach furniture and equipment from the beach at night.

Dispose of fishing line properly to avoid wildlife entanglement.

Fill in large holes that can trap hatchlings and nesting sea turtles.

Do not disturb nesting turtles. Do not to get too close, shine lights on, or take flash photos of nesting sea turtles.

Pick up litter.

Go to www.sccf.org/our-work/seaturtles for more information. Questions or concerns about nesting or injured turtles? Call the SCCF Sea Turtle Hotline at 978-728-3663.

#### Registration Open For Galloway Captiva Triathlon

The Galloway Captiva Triathlon returns with a new format this year, and registration is under way for those who want to compete.

The sprint tri will be held on Saturday, September 7, while the kids tris will be held on Sunday, September 8. All the information you need and a link to register are online at www.gearedup.biz/captivatriathlon.蓉

#### Commissioners Approve Elevated Pool

by Jeff Lysiak

uring a brief meeting on Tuesday morning, members of the Sanibel Planning Commission unanimously approved a development permit application for the construction of a new single family residence with an elevated swimming pool at 3945 West Gulf Drive.

The property owner, John W. Madden, Jr., was seeking to develop a vacant gulffront property located east of Mitchell's SandCastles resort.

The proposed development includes a single-family residence with approximately 5,055 square feet of living area and 12,450 square feet of total floor area," City Planner Benjamin Pople stated while introducing the staff report. "The proposed residence includes an elevated swimming pool and deck that will be at a height of approximately 17.4 feet NAVD (North American Vertical Datum).

According to Pople, staff's review of the building plans for the proposed residence and elevated swimming pool did not raise significant concerns regarding compliance with the requirements of the city's Land

Development Code Section 86-43, which deals with the appearance, size and mass of structures.

The modern architectural style of the proposed residence is characteristic of an increasing component of the various styles seen on Sanibel; a few residences featuring a similar contemporary style have recently been built within the West Gulf Drive neighborhood," the report reads, in part. "The swimming pool deck area is designed as an architectural extension of the residence. It is common for residences along the south side of West Gulf Drive to have sizeable outdoor living spaces oriented toward the Gulf of Mexico.

Commission Chairman Chuck Ketteman asked if any feedback had been received from neighboring properties, requesting that this information be provided with each staff report. "It's just helpful to know," he said.

During deliberations on the application,

it was noted that the landscaping plan for the property included "very lush" vegetation, and that a three-foot high masonry wall along the eastern portion of the swimming pool would screen the view of the structure from the resort next door.

After some additional comments were voiced, Vice Chair Roger Grogman made a motion to approve the application, subject to 19 conditions recommended by city staff. Commissioners voted 7 to 0 in favor of the development permit.☆

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SANIBEL CAPTIVA





Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal). Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery). Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
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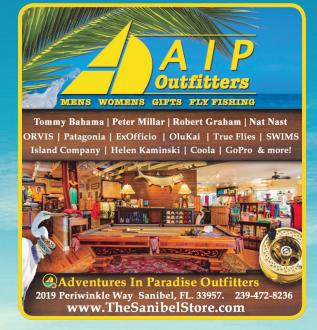
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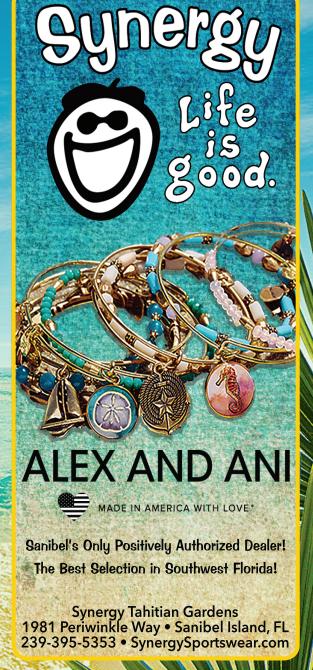


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St. Isabel Women's Guild board of directors, from left, Annette Hendrick, Donna Oberhill. Judy Risch, Dottie McGovern, Vicki Bundschu, Lori Schulz and Suzie Cullen photo provided

#### St. Isabel Women's Guild Gives Thanks

submitted by Lori Schulz

he 2018-19 St. Isabel Women's Guild board members would like to say a huge "thank you" to all of our 104 members for their time, sharing of their talents, generosity in providing 'goodies" for all of our monthly meetings and generous participation in all of the following:

Annual Angel Tree Giving Project

for 75 youth and 50 seniors of Fort Myers Catholic Charities, and collection weekend.

200 beautifully decorated Christmas toiletry gift bags for seniors.

Annual January Right to Life Mass and Baby Shower for the Pregnancy Center, and collection weekend.

Undy Sunday and More parish-wide donations, and collection weekend.

Inaugural Seder Dinner on April 8. Annual End-of-Season luncheon and installation of newly elected board members on April 11.

The mission and goals of St. Isabel Women's Guild were definitely attained because of the generosity of everyone

of its 104 members. You cannot put a dollar amount on generosity of time and We will be working on the 2019-20

calendar over the summer. Safe travels and remember to collect the toiletries for next year's Christmas gift bags.

Your elected 2019-20 board members are: Annette Hendrick, president; Donna Oberhill, corresponding secretary; Judy Risch, publicity; Dottie McGovern, membership; Vicki Bundschu, 2nd vice president; Lori Schulz, 1st vice president; and Suzie Cullen, treasurer.



Cast a line during two license-free fishing weekends

photo provided

#### FWC To Offer License-Free Fishing Weekends

he Florida Fish and Wildlife Conservation Commission (FWC) will offer a licensefree saltwater fishing weekend on Saturday and Sunday, June 1 and 2, and a license-free freshwater fishing weekend on Saturday and Sunday, June 8 and 9. During these weekends, a fishing license is not required for Florida residents or visitors. License-free weekends provide an excellent opportunity for non-licensed recreational anglers to experience fishing.

The four license-free fishing days are held around National Fishing and Boating Week, a celebration of fishing and boating from June 1 to 9. The Recreational Boating & Fishing Foundation's www.takemefishing. org website offers information on events sponsored by businesses and communities during National Fishing and Boating Week, as well as fishing sites, recreational species identification and fishing tips.

These free fishing weekends are a part of the eight license-free fishing days the FWC offers each year. All bag limits, closed areas and size restrictions apply on these dates.

To learn more about license-free fishing days, visit www.myfwc.com/ license. For fishing tips, visit www. myfwc.com/fishing.\$\display

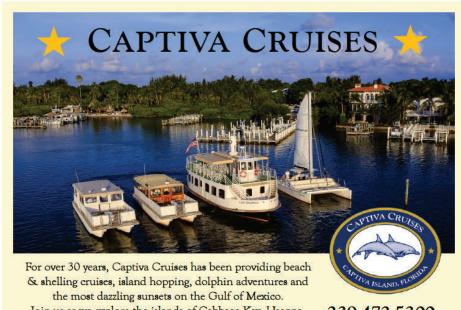


Lee County Chapter of Climate Reality -- Our Next Meeting is at the Sanibel Public Library Downstairs Meeting Room on June 6 at 6:15 p.m. All Are Welcome!

#### Climate Change's Effects on Health Are Enormous Here are some climate facts:

- 1. Extreme heat causes more deaths than hurricanes, tornadoes or other extreme weather events.
- 2. 18 of the hottest years on record have been from 2000-2018!
- 3. Air pollution kills up 9,000,000 people every year and 50,000 in our country alone!
- 4. Karachi, Pakistan has been having such high heat that, in anticipation of excessive deaths, it sometimes digs graves before summer arrives.
- 5. In Japan last summer, 57,000 people went to the hospital and 125 citizens died from excessive heat.
- Hurricane Harvey released more than 100 toxic chemicals in Houston. Indeed, hurricane waters often carry pathogens that are dangerous, such as the flesh-eating bacteria released on the east coast of Florida last summer from swamped septic systems.
- 7. Excessive heat causes the loss of essential nutrients in foods.
- 8. Last year, Hurricane Florence flooded hog waste pits in North Carolina and coal ash pits. Both made the water and rivers polluted. Indeed, coal ash has mercury which causes neurological issues.
- 9. If the 4 major world foods, maize, wheat, rice and coy are reduced by 23% in 2050 as predicted, many more children and adults will go hungry which will make them more susceptible to diseases and to less cognitive ability.
- 10. The percentage of African-American children suffering from asthma is nearly twice that of white children and their death rate is 10 times higher, an injustice we must fix!
- 11. Coal-burning power plants release 42% of the mercury in the U.S. Mercury is toxic to us and to fish. It can affect the developing brain of a child; cause issues with your kidneys, lungs and immune system.
- 12. The Zika virus is spreading, and the mosquito that spreads it loves hotter weather.
- 13. Tick diseases are also spreading and affect even the food we eat, especially cattle.
- 14. We already know that the Red algal bloom last year caused a lot of respiratory issues, and the blue-green algae is under investigation for even possible worse effects on us.

Curious for more? Join us at our meeting on June 6 or join our Facebook page and chapter. (It's free to join Climate Reality and our chapter!) On Facebook: Climate Reality Chapter - Lee County



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Cayo Costa State Park, Boca Grande and Pine Island. Call or book your tickets online! Reservation are Required. 239-472-5300

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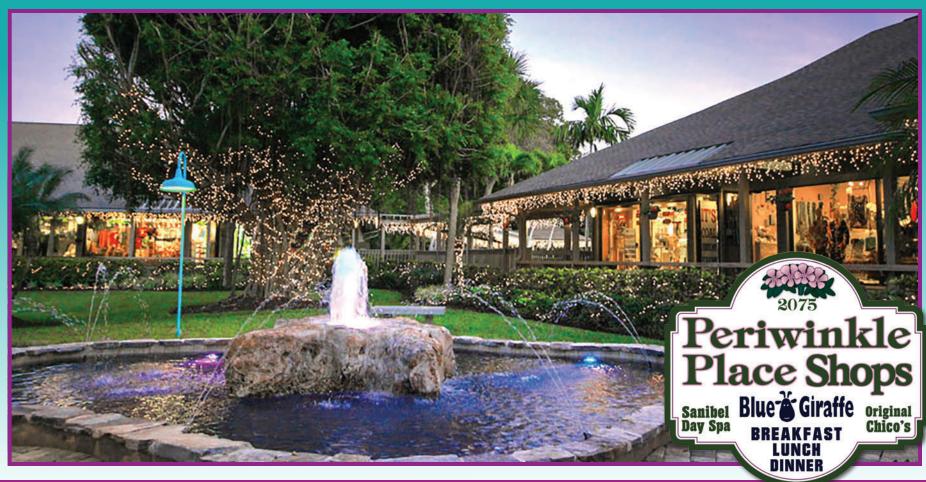
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Despite the showy fragrant flowers, butterfly tree is not recommended for landscapes because it tends to be weedy or invasive photos by Gerri Reaves

#### **Butterfly Tree**

by Gerri Reaves

utterfly tree (Bauhinia purpurea), a native of southern and southeastern Asia, was introduced to Florida decades ago as a fast-growing ornamental.

This deciduous member of the pea family takes the form of a shrub or tree with arching branches. It can grow as tall and wide as 35 feet.

The name is inspired by the

coarse-textured leaves, whose two lobes. when folded along the mid-vein and the cleft at the apex, resemble a butterfly shape. Alternatively, some sources describe the leaf shape as that of the hoof print of

The plant is also called purple orchid

The showy five-petaled flowers bloom near the tips of the stems and range in color from pale pink to magenta.

They measure about five inches across and have three or four prominent stamens. The petals do not overlap, unlike those of



The seed pods measure six to 12 inches

its similar relative, orchid tree (Bauhinia variegata), which is listed by the Florida Exotic Pest Plant Council as a category-1 invasive exotic species. The latter also has deeper colored flowers.

The slender brown seed pod is about a foot long. Added to the leaf fall, they make this a rather messy tree. It is also susceptible to wind breakage.

Butterfly tree is naturalized in Florida, meaning that it can sustain itself without cultivation

It is not recommended for planting because it has invasive tendencies. High drought tolerance and the ability to grow in about any soil add to its weedy and invasive potential.

If this tree is in your landscape, consider replacing it with a native or Florida-friendly

Sources: Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan and https://edis.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.\$

#### Gag Grouper Season Begins

ag grouper will open for recreational harvest in most state Gulf of Mexico waters and all federal gulf waters on June 1. The season remains open through December 31. Franklin, Wakulla, Taylor and Jefferson

counties opened April 1, will remain open through June 30 and will reopen September 1 through December 31. Monroe County follows the Atlantic state season and opened May 1.

Gulf state waters are from shore to nine nautical miles. Federal waters begin where state waters end and extend to 200 nautical miles.

The minimum size limit for gag grouper is 24 inches total length, and the daily bag limit is two fish per person within the four grouper per person aggregate limit.

If you plan to fish for gag grouper in gulf state or federal waters (excluding Monroe County) from a private recreational vessel, you must sign up as a gulf reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Gulf Reef Fish Survey" under "Reef Fish" tab. Sign up at www. gooutdoorsflorida.com.

State for-hire operators that do not have a federal reef fish permit and plan to target gag in gulf state waters (excluding Monroe County) must have the State Gulf Reef Fish Charter designation on their license. Learn more at www.myfwc. com/marine by clicking on "Recreational Regulations," "Reef Fish," "Snapper" and "Frequently Asked Questions." Sign up at no cost by going to your local tax collector's office.

Learn more about grouper at www. myfwc.com/fishing by clicking on "Saltwater Fishing," "Recreational Regulations," "Reef Fish" and "Groupers."



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#### Holiday Weekend Fishing



by Capt. Matt Mitchell

s usual, the Memorial Day weekend was a extremely busy time to be out on the water. After what has been a relatively quiet few weeks, it took some getting used to

having boats buzzing around all over. My go-to during these busy holiday weekend is Matlacha Pass, which sees very little angler pressure. While tucked away in a creek or against a wind-blown shoreline, we noticed things were quiet and snook fishing was good most days.

Anglers trying to fish for tarpon over the holiday weekend had it a little tougher as no matter where you seemed to set up, boats would run right by often spooking the tarpon. There must be some subconscious thing that makes pleasure boaters run right through a pack of fishing boats when its just as easy to go around them. I don't think this move is something that is done maliciously; it's more because they just don't know any better. This move used to drive me crazy. Now, I just laugh over the lack of common courtesy. A good rule of thumb is if you can recognize a person on a boat, you are too close. Luckily, things will get back to normal after this weekend.

Tarpon continue to be found all

through the bay and up and down the beaches in some of the best numbers I have seen in 10 years. While fishing out on the beaches, you should look for muds or areas of stirred-up water and you will find tarpon. Almost anywhere out on the beaches, you can run into these fish from Blind Pass to West Rocks right now. This has been one of the most predictable places to start your search. In the sound, good numbers of tarpon have been found from Cabbage Key back south down to Red Fish Pass. The key in the sound is finding clean water that can change from day to day depending on the wind and

While tarpon fishing at Fosters Point this week, we sat and watched rolling fish for most of the morning while only seeing a few hook-ups. At first, we where throwing a wide variety of live baits including crabs, threadfin herring and pinfish without any luck. Then, we mixed it up and threw a fresh mullet cut out of the stern. We hooked up within 10 minutes. Though you don't need a lot of bait to go tarpon fishing, having a variety is important. Depending on where and when you are fishing, you never know what it will take to get that tarpon to bite.

While fishing with long time clients Jan and Brian from Indiana this week, we had the wind and full moon fighting us so we opted to target snook instead. We fished mangroves around St James City and caught snook and mangrove snapper at our first few stops. Heading back into a favorite creek, I anchored up and threw a scoop of live shiners out to see if we had any feeding fish. After a few minutes, I heard a pop that was as loud as a dolphin slapping its tail. Several minutes later, I saw another huge pop on the



Jan from Indiana with her 41-inch snook caught and released while fishing with Capt. Matt Mitchell this week photo provided

mangrove shoreline which we quickly cast to. A few seconds later, Jan hooked a monster snook that immediately ran back up under the mangroves and into the roots. Jan never panicked and was able to finesse this giant 41-incher out from under the mangroves and successfully battle it to the boat for a few pictures

before watching it swim off unharmed.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



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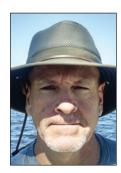
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#### **CROW Case Of The Week:**

#### Mottled Duck



by Bob Petcher

he mottled duck (Anas fulvigula) is a close relative to the more common mallard. It has a sturdy body, short neck, buffed head, short tail and relatively long bill. These "dabbling

ducks" usually feed at the surface or reach for submerged vegetation. Not known as divers, they rarely submerge in water unless being attacked by a predator.

Mottled ducks pair up earlier than most other ducks, typically by November before the breeding season starts the following spring. While many dabbling duck pairs are known to split up as soon as the female lays eggs, male mottled ducks tend to be more loyal and remain with their mate well into the incubation period and sometimes later.

The mottled duck population is threatened by the draining and destruction of marshland as well as interbreeding with mallards in regard to its pure stock outlook. The latter is the result of the release of numerous pet mallards in Florida and elsewhere in the southeast. These feral birds interbreed with mottled ducks and, as a result, dilute the wild population of the mottled ducks.

At CROW, a mottled duck was admitted from Fort Myers after being found lying on her back unable to stand upright or fly. Initial examinations done by veterinarians showed the patient had poor control of its limbs and an inability to correctly stand, symptoms consistent with botulism.

"We are treating this case as a suspect botulism based on the clinical signs, which is mainly symmetrically decreased use of the hind limbs," said Dr. Kyle Abbott, CROW veterinary intern.

We also consider other differentials (possible diagnoses) such as spinal trauma, pelvic trauma, or other toxins. We performed radiographs to assess for spinal and pelvic trauma and help us determine the most likely diagnosis.

Radiographs taken of the patient showed no abnormalities.

Botulism is usually obtained from ingestion of the toxin in the environment," said Dr. Abbott. "The toxin can naturally occur, and the ducks ingest it through normal eating.

Red tide poisoning was ruled out due to the patient's feeding environment.

Brevetoxicosis is unlikely to cause signs in mottled ducks as they do not feed in the salt water areas where the algae is prominent. They feed more along fresh and brackish water areas where other toxins are much more likely," said Dr. Abbott. "In the clinic, we have not seen many cases of brevetoxicosis over the past few months."

Veterinarians are treating the suspect botulism with medical care and physical therapy, including tub time.



Patient #19-1903 having a little tub time during a therapy session. She will need more care at CROW before being released into the wild. photo by Megan Barry

The treatment of botulism is mainly supportive care with appropriate fluid therapies and nutritional support to help the body clear the toxin. We also use an antibiotic that treats the bacterium that causes the disease in case there are living bacteria and not just the toxin itself," said Dr. Abbott. "The treatment process can take anywhere from one to multiple weeks.'

After a few more days of medical care, the mottled duck appears to be getting better, but the road to full recovery is expected to be long.

The patient is improved and able to stand and walk, although with significant weakness. The duck will continue to need supportive care prior to release," said Dr. Abbott.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆







An example of the type of rig the refuge will be developing for its WoW outreach

photos provided

#### Refuge Receives Grant Toward New Outreach

he "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) on ■ Sanibel received a \$100,000 grant recently from a private family foundation toward designing, building, staffing and implementing into educational outreach programming a Wildlife on Wheels (WoW)

mobile hands-on exhibit. To complete the project, DDWS is seeking additional donations equaling \$155,000 to cover the cost of a heavy duty pickup truck to haul the trailer plus design, equipment, supplies and an educator.

The family asked us to 'think outside the classroom' to fund a conservation education initiative for the JN 'Ding' Darling National Wildlife Refuge," said DDWS Executive Director Birgie Miller. "We, along with the refuge team, are currently in the research and imagining stage of this exciting, innovative project."





Like the Visitor & Education Center at the refuge, the WoW trailer will feature hands-on educational exhibits

WoW will be scheduled to visit schools, libraries, senior facilities, conservationminded events, and economically challenged and minority communities in the five-county area to teach about water quality, the ecosystem, wildlife and other topics that meet the refuge's mission.

As part of the remaining \$155,000 cost of the project, DDWS needs a new or used four-wheel-drive pickup truck to pull the WoW trailer. In lieu of cash to purchase the vehicle, it will accept a donation of a new or used truck.

In addition, DDWS hopes to hire

a bilingual educator, who, along with volunteers and interns, will staff the museum-quality, hands-on exhibits inside WoW to maximize their inspirational learning potential. Funding is also needed for learning stations that would interpret mangrove ecosystems, water quality, water conservation, pollution and plastic, animal scats and tracks, Florida's native animals and wildlife sounds. Staff will draw on knowledge gained in the classroom and design programs to complement Florida educational requirements.

Refuge staff has been wishing for a mobile education facility for many years, but has not been able to further the project due to staff and funding shortages," said Miller. "Now that the society has found support to bolster the refuge education team, the time is right to spread the refuge message to those who are unable to visit 'Ding' Darling on their own and to schools too far away to bring here by bus.

The WoW project is part of the refuge's 20-month 75th anniversary celebration ongoing now through December 1, 2020. DDWS hopes to have the mobile learning experience on the road by March 2020.

Anyone interested in making a taxdeductible donation to the WoW project can contact Miller at 472-1100 ext. 232, 292-0566, or director@dingdarlingsociety.

Bowman's Beach

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n Saturday, June 1, Ocean Tribe Paddling Club will host a guided paddling excursion through the mangrove canals around Bowman's Beach. These tranquil waters are home to an abundance of wildlife, and all are welcome to join the group on this adventure. Meet at Bowman's Beach at 8:45 a.m. Participants are invited to bring their own vessel, or a limited number of loaner vessels can be reserved in advance by contacting oceantribepaddlers@ sanibelseaschool.org. Visit www. oceantribeoutfitters.org or follow on Facebook and Instagram.



Meet and Gulfside City Park for a guided Family Beach Walk every Friday at 9 a.m. this photo provided

#### Free Summer Programs Begin June 5 At Refuge

Tildlife Wonders talks, weekly walks and nature crafts highlight the free summer programs running June 5 through August 3 at the JN "Ding" Darling National Wildlife Refuge on Sanibel. Summer programming is made

possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The schedule of weekly activities follows. No preregistration is necessary.

Reading in the Refuge, every Wednesday at 10 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a related take-home craft. Meet in the Visitor & Education Center classroom.

Indigo Trail Walk, every Thursday

at 10 a.m.: Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Boardwalk to identify and discuss the ecosystem's plants, mammals, birds and reptiles - geared for adults and children alike. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry

Tract. City parking fees apply. Bring water, sunscreen and bug spray.

Wildlife Wonders, every Saturday at 11 a.m.: Refuge education staff lead this 30-minute indoor program about the mysteries of manatees, alligators, crocodiles, horseshoe crabs and birds in the Visitor & Education Center auditorium

For more information, call 472-1100 ext. 237 or visit www. dingdarlingsociety.org/articles/free-

#### Kayaks: An'Angler's Best Friend



by Kealy McNeal

uieter and less startling to fish than a motorized vessel, a kayak is a good angler's hidden secret. In a kayak, you can become a master of stealth, easily slipping into nooks and crannies that would be off limits to larger boats. Catching fish from a kayak can also be very thrilling – a fish can

completely circle your boat, giving you more of that adrenaline rush that makes fishing so fun.

The financial benefits of fishing from a paddle-powered vessel should also be considered. When you do not need to pay for fuel, insurance, storage or launch fees, you can spend more of your money on the best fishing gear.

All of us have those days when the fish just won't bite, but when you are fishing from a kayak, it hardly matters. There are so many beautiful views to enjoy, and you can always watch the wildlife instead. As an added bonus, you'll get plenty of exercise. So, what are you waiting for? If you're not already an avid kayak fisherman, give

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn more \$





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#### Blake Vitrinella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Blake Vitrinella, Solariorbis blakei (Rehder, 1944) is another local member of

the microgastropod family Tornidae. Larger shells of the species reach only 1.5 mm (about 0.06 inch), but the shell in the images measures only 1 mm. Its shell is flattened, compressed, with the spire projecting ever so slightly in the early whorls. The shell sculpture consists mostly of wavy axial ridges located near the suture (area where two whorls meet) and shell base. The umbilicus is present, but narrow. The Blake Vitrinella has a transparent, glasslike shell, but this may become opaque after the animal dies. The shell in the photos was collected in 2001 by Lois Dunnam at Wulfert Bay, on Sanibel Island. Read more about local mollusks at www.shellmuseum.org/southwestflorida-shells and www.shellmuseum. org/blog.

#### **Shell Museum Events**

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We



The Blake Vitrinella, Solariorbis blakei

are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

photo by by James F. Kelly

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Read us online at IslandSunNews.com

#### Shell Found



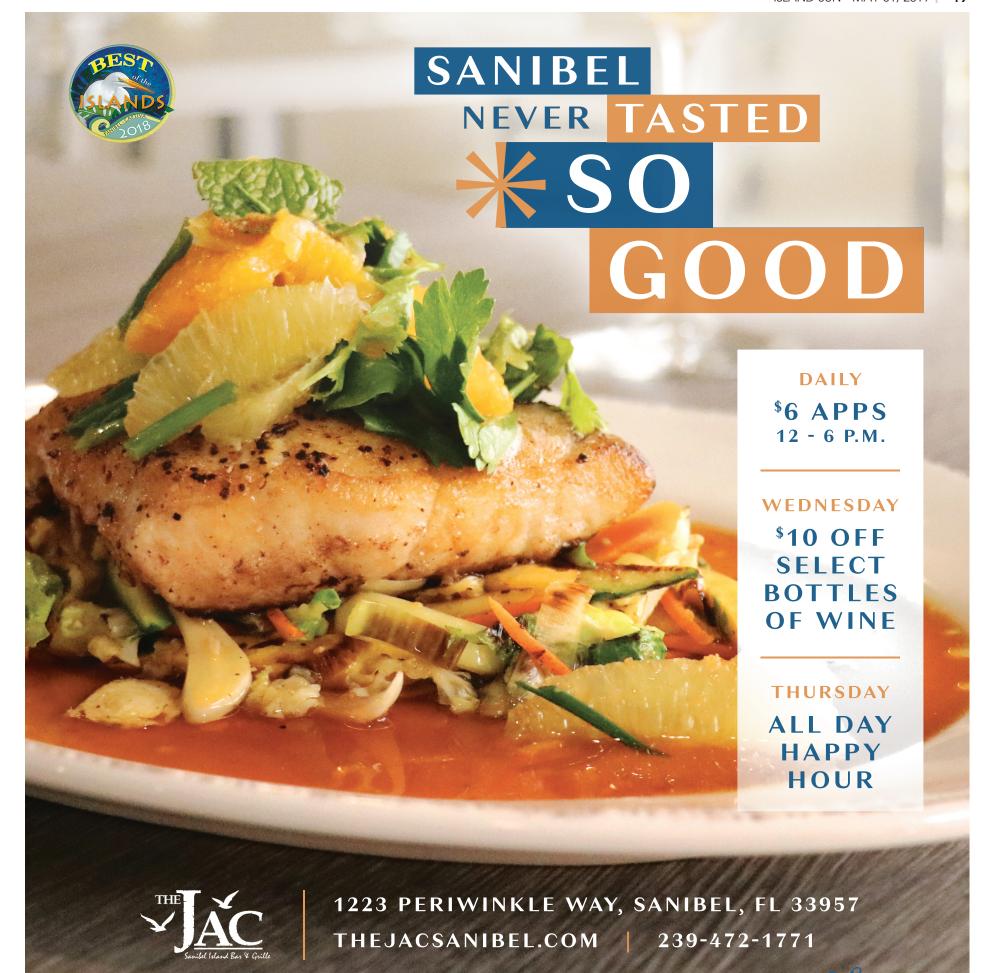
**Hannah Siegwart** 

photo by A. Ziehl

annah Siegwart, 18, from Pittsburgh, Pennsylvania found an alphabet cone at Beach Access #2 along West Gulf Drive. She found the letters A, Y and M on the shell.









FREE \$6 APPETIZER FROM OUR HAPPY HOUR MENU

#### CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 31, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, June 3, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, June 3, 11 a.m., adults:



\$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, June 4, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, June 4, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves

around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, June 5, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, June 5, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be

Thursday, June 6, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13.

Photography opportunity following the tour with an animal ambassador.

Thursday, June 6, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.  $\preset$ 

#### Snook To Close In State And **Federal Waters**

he recreational harvest of snook in Atlantic state and federal waters will close on June 1.

Unique to the region, snook are one of the many reasons Florida is the Fishing Capital of the World. Seasonal harvest closures and anglers using proper handling methods when practicing catch-and-release methods help conserve Florida's valuable snook populations and can ensure the species' abundance for anglers today and generations to come.

To see a video about catch-and-release fishing, the best way to handle a fish and more about recreational fishing, visit www.myfwc.com/marine and click on "Recreational Regulations" and then "Fish Handling Tips."

Anglers can submit their catch information for this and other species by using the iAngler app. Learn more on the Angler Action Foundation's website at 

#### Battle On The Blueway Returns

he 5th annual Battle on the Blueway with competitive events for standup paddleboarders (SUPs) as well as kayaks, outrigger canoes and surf skis will be held at Crescent Beach Family Park on Fort Myers Beach on Saturday, June 8 at 9 a.m. The battle will include 7-mile and 2-mile races and a Special Olympics Unified Fun Race.

The fundraiser for the Special Olympics Florida-Lee County SUP Team is free for spectators, who can see the races from the beach or the pier at Lynn Hall Park. All paddlecraft are welcome. There will be a demonstration and vendor area for those who wish to try out a variety of paddlecraft, including the giant Body Glove inflatable iSUP.

Pre-registration is required at www.paddleguru.com/races/ BattleontheBlueway2019. There will not be an opportunity to register the day of the event. Race entries are \$45 to \$55.

Crescent Beach Family Park is located at 1100 Estero Boulevard on Fort Myers





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#### Winners At International Science Fair

hree students from the School District of Lee County that participated in the Intel International Science Fair came home as winners. They competed against nearly 1,800 high school students from more than 80 countries, regions and territories for prizes and awards valued at more than \$5 million.

The Intel ISEF 2019 Special Award winners were:

Dahlia Dry, Fort Myers High School - The American Statistical Association (ASA) presented her with the Second Award of \$1,000 for her physics and astronomy project Plotting New Horizons: A Statistical Analysis of Potential Factors Influencing the Probability of Planetary System Formation.

Dry is also an Intel ISEF 2019 Grand Award winner in physics and astronomy. She was chosen for a First Award of \$3,000 for her project Plotting New Horizons.

Mark Leone, Estero High School -The National Oceanic and Atmospheric Administration (NOAA) honored him



Dahlia Dry

photos provided

with the Second Award of \$500 for his earth and environmental sciences project Mitigation of Florida Red Tide (Karenia brevis) Blooms through Flocculation with Enhanced Local Sediments.

Morgan Barkhurst, Florida SouthWestern Collegiate High School The National Aeronautics and Space Administration (NASA) awarded her Honorable Mention for her physics and astronomy project Graphene Solar-Photon Sail: A Novel Approach to the



Mark Leone

Application of Monolayer Graphene on Aluminumized Polyimide Film Using a Figure of Merit of a Solar-Photon Sail Membrane for Interstellar Space Exploration.

Dry, Leone and Barkhurst and fellow district competitors Cynthia Sheng from Fort Myers High School and Junwei Tan from Florida SouthWestern Collegiate High School all won awards at the 62nd annual Thomas Alva Edison Kiwanis Science and Engineering Fair to earn

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Morgan Barkhurst

their spot in the 70th Intel International Science and Engineering Fair (Intel ISEF) in Phoenix, Arizona from May 12 to 17. Each competitor had already been granted scholarships to FGCU for their hard work and had been recognized at the 64th annual State Science and Engineering Fair of Florida STEM Competition that ended on March 28 in Lakeland.

For a complete list of Intel ISEF 2019 Special Award and Grand Award winners, 

on Sanibel Island!

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Kelley Burnham kissing her catch photos provided

From page 1

#### Texas Anglers

to network and learn/mentor amongst the group.

In the past, the group – which boasts more than 50 active members - has traveled to Houma and Venice, Louisiana as well as South Padre Island and Port Mansfield, Texas.

Polensky stated that one of the highlights of the trip came when her 15-year-old niece, who lives in Florida, received permission to join the group. "She actually landed a 75-pound tarpon, which was just a thrill to see," she said. "She also helped me land my tarpon, too. That was a pretty cool experience for me."

But beyond the success the group had on the water, all of the Texas Lady Anglers were impressed by the



From left, Patti Polensky, Pauline Webster, John Jensen, Michelle Drewes, Patricia Picco, Tiny Drake, Kelley Burnham, Sandy Crawford, Susan Rowe and Dave Jensen

hospitality shown to them by fellow tourists and Captivans alike.

"The friendliness of Captiva was amazing," said Picco, who noted that she "loved" the fact that the island contained no fast food restaurants. "I enjoyed watching the sunset at The Mucky Duck and all of the people at Jensen's who asked us how our fishing trip went. We didn't turn on our TV sets once during the whole trip."

Polensky added that the group has already booked reservations for accommodations at Jensen's and a private fishing excursion with Tenacity Guide Service for next May.

"Once we visit one spot, we usually vote to go somewhere else the next time," said Picco. "But this was the first time that 100 percent of our members said they want to come back 



Lexi Haughey reeling in a tarpon



Kelley Burnham was all smiles after catching a snook



Pauline Webster's catch being pulled into the boat



North American river ofter being released

#### River Otter Released After Long Recovery

male North American river otter has been released from the Clinic Ifor the Rehabilitation of Wildlife (CROW) following a nearly four-month recovery for a broken leg. The otter was released to a remote location near Punta Gorda.

photos provided

The otter first arrived at the wildlife hospital in critical condition on February 7. It was rescued on the side of the road by a passing motorist in Port Charlotte and taken to the Peace River Wildlife Center before being transferred to CROW on Sanibel. The otter was likely struck by a vehicle and arrived in a comatose state after suffering head trauma, a fractured femur and being overheated.

The team of veterinarians worked through the night to control his blood

MNUNITY HOUSING



#### Swimming away

pressure, temperature and neurological status so he was able to have surgery. After a few days, the otter stabilized. He was then taken for surgery for his broken femur at Blue Pearl Veterinary Hospital in Fort Myers. Dr. Jason Eisele placed a plate and screws to stabilize the broken bone. A second surgery was needed a few weeks later after the otter re-injured his leg

"Wildlife always presents challenges when recovering from injuries," said Dr. Kyle Abbott, a veterinary intern at

MAY 8

CROW and one of the veterinarians who worked to save the otter's life. "For this active adult otter, the challenge was keeping his activity level restricted enough to allow his injury to heal.'

The surgeries were successful and after nearly four months since his accident, the otter was able to be released.

"It is amazing any time we get to return an animal to the wild," said Abbott. "But, this otter was a special case in the sense that he had a lot of obstacles to overcome."以

**JUNE 5** 



The following Sanibel & Captiva businesses will be offering a donation to Community Housing & Resources that is funded by you walking through their door and shopping local! Each participating businessincluding amazing restaurants, resorts, retailers and your community grocerhas selected a date that they will be hosting the GBW fundraiser and donating a portion of their proceeds to CHR.

So, make plans to eat out, shop and play at these generous local businesses on Wednesdays and support CHR.



MAY 1, JUNE 5, JULY 3 AND AUG 7

JOIN US FOR WINE WEDNESDAYS

On the first Wednesday of each month,

a portion of all Wine Sales at Bailey's General Store will be donated to CHR!

**MAY 22** 

#### The Onion





by Resident Chef Jarred Harris

The onion is a member of the allium family, which includes garlic, shallots, leeks and chives. The onion has been grown and selectively bred for at least 7,000 years and is one of the oldest foods known to man. Ancient Egyptians worshipped the onion and during the Middle Ages, onions were actually used as gifts and currency.

The origins of the onion are unknown but thought to be China. The Romans took onions to Europe and the Pilgrims brought onions to the U.S. when they came over on the *Mayflower*. Today, wild onions grow on nearly every continent.

There are many types of onion and they come in different shapes and colors. The most popular ones are yellow onions, white onions and red onions. Pearl onions are tiny white onions and are used to make pickled onions, relishes, soups and stews. Bermuda

onions are large onions with a mild flavor and thick skin. Egyptian onions have a very strong flavor, and the bulb and top of the onion are eaten.

Green onions or scallions are small, mild-flavored onions and both the bulbs and the tops are eaten. Vidalia onions and red onions are a type of onion that have a sweet, subtle taste. These onions tend to be eaten raw. Shallots are a small, mild-tasting onion and are popular in French and Caribbean cuisines.

Onion juice is a very potent medicinal remedy that was used regularly as a strong antiseptic during several famous wars. The juice contains antisceptic and antibacterial properties.

Here is an easy recipe to try;

#### Baked Onion Soup

Ingredients

3 tbsp. olive oil

3 tbsp. butter

4 cups thinly sliced yellow onions (about 1 ½ pounds)

4 cups thinly sliced red onions (about 1 ½ pounds)

3 garlic cloves (minced)

½ cup white wine

32 ounces beef broth

32 ounces chicken broth

½ tsp. pepper

1/4 tsp. salt

12 slices French bread "baguette" ( ½" thick)

2 large garlic cloves, peeled and halved

1 cup Gruyere or Swiss cheese (shredded)

Method

In a saucepan, heat the oil and butter

over medium heat.

Add the onions and cook until translucent. Reduce the heat to mediumlow and cook, stirring occasionally, until the onions are golden brown (15-20 minutes). Add minced garlic; cook 2 minutes longer.

Stir in the wine and bring to a boil; cook until liquid is reduced by half. Add both broths, pepper and salt; return to a boil. Reduce heat. Simmer, covered, stirring occasionally, for 25 minutes.

Preheat oven to 400°. Place baguette

Preheat oven to 400°. Place baguette slices on a baking sheet; brush both sides with olive oil. Bake until toasted, 3 minutes on each side. Remove from the oven and rub the toasts with halved garlic.

To serve; place four broiler-safe bowls on a baking sheet. Place two toasts in each. Ladle with soup and top with cheese. Bake until the cheese is melted.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.\*\*

#### Sanibel Resident Graduates

Molly Croce Van Etta of Sanibel graduated from Clemson University with a master's degree in counselor education and education specialist degree in counselor education.

#### American Legion Post 123

merican
Legion Post
123 is hosting
the 11th annual
Redneck O'Limp'ics
this Sunday, May 26.
Opening ceremonies
begin at noon.



There will be food, drinks and redneck contests for all ages. A cornhole tournament begins at 1 p.m. All are

The following Sunday, corned beef and cabbage dinners will be served from noon to 8 p.m.

Every third Thursday of the month is Open Mic Night from 6 to 9 p.m. All are welcome.

The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

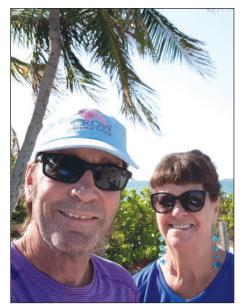
On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123. American Legion Post 123, located

at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.☆







**Bob Marshall and Anita Force Marshall** photos provided

#### New Exhibit Features Works By Sanibel Couple

ob Marshall and Anita Force Marshall are exhibiting artwork for the month of June at The Community House, located at 2173 Periwinkle Way. The local artist couple resides year-round on the island. The public is invited to view their work Monday through Friday from 9 a.m. to

Bob's interest in drawing with pen and ink started in his childhood and teen years. After college and a career as a sales manager in Orlando, he and Anita moved to Southwest Florida. This move took him into a new career as a



Turtle Time by Bob Marshall

chef and back to perfecting his love for drawing. His passions for cooking and art keep him busy.

Bob enjoys the simplistic detail of pen and ink, its form of expression and the process from start to finish. He said, "The process puts me in another time and place. I continue to experiment and develop new styles and techniques, and I hope my art makes you smile and wonder." He takes a humorous and artful look at the islands.

Anita prefers incorporating vibrant colors, whimsy and a different point of view in her watercolors to reflect her happy island life. She studied drawing at the Pine Castle Art Center in Pine Castle, Florida. Locally, she has taken

classes with Bea Pappas and workshops with Pat Weaver. She enjoys knowledge and guidance from artistic mentor Anne Gates Yarnall and continues to study watercolor and collage.

Anita said, "I have fine-tuned my palette to reflect my life on Sanibel and always enjoy reactions from people who love my use of tropical colors." A weekly participant with the Sanibel-Captiva Art League plein aire painters, her work reflects scenes from all around



Sanibel Lighthouse by Anita Force Marshall

the islands. Anita's watercolors and collages have been displayed locally and online in the Florida Watercolor Society

Bob and Anita are both members of the Sanibel-Captiva Art League, and their work is often exhibited on Sanibel and Captiva. They display at the Art on the Veranda show and sale at Bailey's General Store each year during season. Anita is president of the art league.

For more information, visit www. sanibelcommunityhouse.net or www. 

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#### **Blueberry Biscuit Cookies**

- 1 cup blueberries
- 1 cup pecans, chopped
- 1/2 cup honey, divided
- 2 tablespoons low-fat milk
- 2 cups biscuit mix

Preheat oven to 350 degrees. In a large mixing bowl, combine biscuit mix, blueberries, pecans, and milk. Mix well and add enough of the honey to make the mixture stiff like cookie dough. Place dough by tablespoonful onto a greased baking sheet about 2 inches apart. Bake until edges begin to brown, about 15 minutes. Remove from oven and drizzle remaining honey on each cookie. Bake an additional 5 minutes and serve immediately.☆



**Blueberry Biscuit Cookies** 

photo courtesy Fresh From Florida

#### LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with Quenten. Neon Summer plays on Saturday. On Sunday, it's Tony G. and The Doc. Ray and Natasha perform on Monday. Greg and Company play on Tuesday. On Wednesday, it's N2L Trio. James Prather plays on Thursday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan, Dusk performs on Saturday and Wednesday. On Thursday, it's Jazz Night with Woody Brubaker.

> Restaurant owners/managers, please email or fax any changes to vour entertainment schedule to press@islandsunnews.com or 395-2299.☆

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Three green sea turtle hatchlings

From page 1

#### Sea Turtles

still early in the season, but seeing these numbers is definitely encouraging, especially after losing so many adults in last season's red tide.

Last week at the SCCF Nature Center, former wildlife educator and longtime volunteer Dee Serage-Century delivered a 70-minute presentation entitled Turtle Tracks. Her lecture shared information about the four species of sea turtles found in Southwest Florida waters, the history of SCCF's sea turtle monitoring program and what humans can do to help the species both thrive and survive.

According to SCCF's sea turtle program information, the majority of the sea turtle nests on Sanibel and Captiva are laid by loggerheads (Caretta caretta). Green sea turtles (Chelonia mydas) also nest less frequently on local beaches, and very rarely a leatherback (Dermochelys coriacea) or Kemp's ridley (Lepidochelys kempii) will nest here.

During the 2018 nesting season, a total of 721 sea turtle nests - including 718 loggerheads, two green and one Kemp's ridley – were laid. Breaking that number down by region, 450 nests - including both greens and the Kemp's ridley – were laid along Sanibel's western shoreline; 104 nests were laid on Sanibel's east end and 167 nests were laid on Captiva.

Those figures compare with a total of 871 nests laid during the 2017 nesting season: 683 on Sanibel (527 on the west end, 156 on the east end) and 188 on Captiva.

Sloan also noted that an estimated 38,579 sea turtle hatchlings emerged from their nests and entered the waters surrounding Sanibel and Captiva in 2018.

'We lost about 250 sea furtles last year as a result of red tide," Serage-Century told her audience. "But for this time of year, we're ahead of the number of nests we counted in 2018... and that's a very good thing.

One of the major differences between the loggerhead and green sea turtles is maturity. Greens will be able to begin laying eggs around age 15, while loggerheads won't mature until they grow to age 30. Both species will take between 90 minutes and two hours to lay their clutch of eggs. A nine-minute video of a green sea turtle crawling up onto the beach in the dark, digging her body pit in the sand, laying her eggs and covering

photo by Jeff Lysiak

her clutch with a series of methodic flipper movements showed a rarely

witnessed experience.
Serage-Century also talked about some of the local changes that have helped SCCF's sea turtle program become a model of success. The City of Sanibel passed legislation to promote "dark skies" to protect sea turtle hatchling from moving in the wrong direction once they

'Up to 2011, the main reasons for predation were bobcats and raccoons. But then coyotes came to Sanibel," she

At the time, predation figures rose to nearly 60 percent, threatening to devastate the future of sea turtles on the islands. However, SCCF began putting protective screens on top of newly-laid nests, helping protect the eggs buried in

Since screening became a regular routine on the islands, predation totals have dropped to less than 15 percent.

SCCF's Turtle Tracks program is offered every Thursday at 10 a.m. at the Nature Center, located at 3333 Sanibel-Captiva Road. Admission is free for members and children, or \$5 for non-members. For more information, call 472-2329 or visit www.sccf.org.☆

#### SCCF's Tips For Being Sea **Turtle Friendly**

Pick up all litter on the beach. Remove all beach furniture and equipment from the beach at night.

Dispose of fishing line properly to avoid wildlife entanglement.

Fill in large holes that can trap hatchlings and nesting sea turtles.

Turn off or shield all lights that are visible from the beach. Do not use flashlights or cell phone lights on the beach. If necessary, use amber or red LED bulbs.

Do not disturb the screens covering nests. They prevent predators from eating the eggs and the hatchlings emerge through the holes without assistance.

Do not disturb nesting turtles please do not to get too close, shine lights on or take flash photos of nesting sea turtles.

To report any issues with nests, nesting turtles or hatchlings, call the Sea Turtle Hotline at 978-728-3663.

#### Gulfshore Tenors At Shell Point



**Gulfshore Tenors** 

hell Point Retirement Community's 2019 Summer Concert Series will feature a performance by the Gulfshore Tenors in the Grand Cypress Room at The Woodlands at Shell Point on Wednesday, June 12 at 7 p.m. The concert is open to the public

Gulfshore Tenors will perform, for their fifth year in Southwest Florida, a diverse repertoire of musical selections including standard love songs of the 20th century

photo provided

like Unchained Melody, Nella Fantasia and Sway - all songs made famous by singers such as Il Divo, Andy Williams and

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For tickets, visit www.shellpoint. org/summer or call 454-2067. Tickets purchased online or by phone will be held for pick-up at will call on the night of the 



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- \$2,495,000 MLS 214013961 McMurray & Nette 239.281.4435



#### 1635 LANDS END VILLAGE, CAPTIVA

- 2 BR, 2 BA, on Redfish Pass & Gulf
- Stunning Waterfront Views

\$1,429,000 MLS 219013772 Vicki Panico & Fred Newman 239.980.0088

#### **CLAM BAYOU**



#### 5659 SANIBEL-CAPTIVA RD., SANIBEL

- Beach House w/Sunset Vistas
- Waterfront 2 BR, 2 BA, Loft/Den \$924,900 MLS 219010968

Bob Radigan 239.691.6240



#### 1585 BUNTING LN., SANIBEL

- Total Chic Remodel 3 BR, 2 BA
- Amazing Sleek Kitchen w/White Quartz \$599,000 MLS 219027416

Linda von Wowern, McMurray & Nette 239.223 3382



Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

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## OFF W. GULF DR.

#### 228 VIOLET DR., SANIBEL

- Near Beach Masterpiece, 4,000+/- S.F.
- 4 BR, Pool, Remodeled to Finest Standards \$1,879,500 MLS 219009841 Jason Lomano, Lomano-Nicholson Team 239,470,8628

#### **BEACHVIEW CC ESTATES**



#### 829 BIRDIE VIEW PT., SANIBEL

- Furnished 4 BR, 3.5 BA, Golf Course Home
- Sparkling Pool w/Southern Exposure
- \$1,150,000 MLS 218028250 Cindy Sitton 239.810.4772



#### 2737 WEST GULF DR. #132, SANIBEL

- Remodeled Top Floor, 2 BR, 2 BA
- Vaulted Ceilings, Large Open Kitchen MLS 219001994 \$714,900

Jason Lomano, Lomano-Nicholson Team 239.470.8628

#### **SUNDIAL BEACH RESORT**



#### 1501 MIDDLE GULF DR. #H210, SANIBEL

- Open Studio Floor Plan
- Desirable Sundial Resort & Spa

\$389,000

MLS 218080098 Brian Murty 239.565.1272



#### 18181 OLD PELICAN BAY DR., FT. MYERS BEACH

- Deep Water Dockage, Resort Pool/Spa
- 6 BR, 5.5 BA, Architectural Masterpiece
- \$1,850,000 MLS 219015186 McMurray & Nette 239.281.4435

#### THE DUNES CC **NEW PRICE**



#### 1243 SAND CASTLE RD., SANIBEL

- Radiant 4 BR, 4 BA, Pool & Fireplaces
- Indoor/Outdoor Living for Entertaining \$1,050,000 MLS 218084313 Maureen Ahmed 239.839.7250



#### 566 BOULDER DR., SANIBEL

- Updated 3 BR, 2 BA, Near Beach
- Spectacular Pool, Lake Views
- MLS 219002114 \$699,900

Sharon Kottraba, Lomano-Nicholson Team 804.240.3115

#### **SANCTUARY CC**



#### 2462 WULFERT RD., SANIBEL

- Lovely Sanctuary Golf Course Views
- Overlooks 15th Fairway

MLS 219028304 \$229,000 McMurray & Nette 239.850.7888



#### 11555 WIGHTMAN LN., CAPTIVA

- Heart of Captiva Village Beach Cottage
- Gorgeous Sunsets, Walk to Shops & Dining
- \$3,849,000 MLS 218078635 McMurray & Nette 239.850.7888

#### **BAY FRONT**



#### 16825 CAPTIVA DR., CAPTIVA

- Ideal Roosevelt Channel "Point" Location
- Big Water Views w/Multiple Newer Boat Docks
- \$2,695,000 MLS 217072942

#### McMurray & Nette 239.281.4435



#### 2611 W. GULF DR. #C102, SANIBEL

- Remodeled w/Designer Finishes
- Direct Gulf, 3 BR, 2 BA, Granite Kitchen
- MLS 218078824 \$1,595,000 Jason Lomano, Lomano-Nicholson Team 239,470,8628

#### **BEACHVIEW CC ESTATES**



#### 1244 PAR VIEW DR., SANIBEL

- Remodeled, Open Floor Plan w/Views
- 4 BR, 3 BA, Stunning New Master BA
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- Recently Renovated

\$649,00Ó MLS 219030309

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- 12' x 12' x 45' Dry Slip
- Easy Access to Bay & Gulf Boating \$125,900 MLS 219036577
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- 3 BR, 2 BA, Family/Dining Area, TV Room Beautiful Garden, Sun Deck, Spa, Courtyard Many Improvements w/Original Character \$2,495,000

#### **CAPTIVA BEACH COTTAGE**



- Old Captiva Charm, 2 BR Main House
  I BR Guest Cottage, Dock w/Boat Lift
  Strong Rentals, Stunning Beach Location w/ Sunsets \$2,750,000

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#### **VACANT LOT IN CAPTIVA VILLAGE**



- Only Lot Available in Captiva Village
- Potential Design Includes Beach & Bay Views
  Walk to Beach, Shops, Restaurants & Marina \$899,000

#### **BEACH FRONT LOTS**



- 1 of 3 Lots Available, 104'+ Beachfront w/ Panoramic Views
- Incredible Opportunity, Ideal Location
  1.5+ Acres of Land on Private Setting
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#### **BEACHFRONT**



- 6 BR, 5 BA, Pool & Spa
- Generator, Elevator, Beautifully Landscaped
- Stunning Direct Beach & Sunset Views
- \$3,495,000

#### **DEEP WATER DIRECT ACCESS RESIDENCE**



- 4 BR, 4.3 BA w/Gorgeous Bay Views Minutes from Beaches
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#### PRIME CAPTIVA VILLAGE



- Awesome Rental -Steps to the Beach
- 5 BR, 5.5 BA, Pool & Spa
- Main & Guest House, Great for Entertaining \$2,295,000

#### **CHATEAUX SUR MER**



- Steps to Beach, Private Setting on 11/2 Lots
- 4 BR, 4.5 BA, Pool & Spa
  Elevator, Fireplace, 2 Master Suites, Newer roof \$1,495,000

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#### The Editor



by Di Saggau

he Editor by Steven Rowley is an entertaining. intriguing and amusing novel, and film rights have already been acquired. It will be interesting to see who plays the two

main characters. It's 1999 and James Smale, a young gay writer is struggling to get his big break. He gets a little help from the most famous woman in America. When his agent sends him to Doubleday to meet with an editor interested in his book, he is shocked to discover that it is none other than the former First Lady, Jaqueline Kennedy Onassis. Now there's an interesting premise.

James has written an autobiographical novel, The Quarantine, which is about his own dysfunctional family and deals primarily with a troubled mother-son relationship. Jackie is intrigued with the novel, James' real mother is not, nor is his partner Daniel. James finds himself unable to finish the manuscript. As he and Jackie form an unexpected friendship, she encourages him to finish the book and to go back home and face the truth about his relationship with his mother. He goes back home and that's where long-kept family secrets are revealed. James has to unravel some frightening and dark secrets in his family in order to write an authentic ending to his book.

James and Daniel have a small apartment, and I chuckled when he talked about how he had to be "careful not to trip on the edge of the oriental rug, which is folded in half because it's too big for the room." He accepts an invitation to spend time with Jackie at her home on Martha's Vineyard and, to his delight, she puts him in JFK Jr.'s quarters. He had a few choice comments about this opportunity.

The book is more about James and

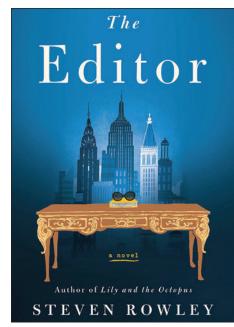


image provided

his relationship with his parents and also Daniel, his loving and long-suffering partner. While Jackie is an important part, the main focus is on James. Her role as an editor shows how she guides him to deal with the truths behind his family's dynamics. The Editor is about family, friendship, forgiveness, communication and love. Next time you go to the beach, take this book with you.

#### Top 10 Books

- 1. Things We Cannot Say by Kelly
- 2. Lost Girls of Paris by Pam Jenoff 3. Little Fires Everywhere by Celeste
- Ng 4. Howard Stern Comes Again by Howard Stern
  - 5. Educated by Tara Westover
  - Silent Patient by Alex Michaelides
  - Bye Bye Birdy by Jennifer Schiff

  - Southern Lady Code by Helen Ellis Past Tense by Lee Child
- 10. Sanibel Flats by Randy Wayne

Courtesy MacIntosh Books and Paper.☆





Greggs, NCSP

Shelley, My son will be going to first grade in August. He's had a good year in kindergarten, but I am concerned about his reading next year. Are there

any conditions that make it more difficult for a child to have achievement in reading? Is there something I should be doing with him this summer?

Ariana B, Fort Myers

#### Ariana,

Success in reading is critical for school achievement, and there are some conditions that make reading more difficult for some children. First, make sure that your child has no visual or hearing problems. If your child has had regular checkups, your doctor has been monitoring for these types of problems and would have let you know of such concerns. If you child has not had regular medical check-ups, this is the time to have a thorough exam including complete vision and hearing tests. Make sure that your child's near- and far-point vision has been checked. Often times in school vision screenings, near vision is not screened. Summer is a great time to take care of

The next consideration is to examine your own history with reading. Children whose parents have a history of reading difficulty may also have some difficulty of their own. If that is the case, you as the parent need to show extra enthusiasm for books and reading from the start. Pay extra attention to signs of difficulty as well and you most likely will be able to reduce the chance that your child will have reading problems.

If you are a new family to the U.S. and have not yet developed your English

proficiency or your child is unfamiliar with a standard English dialect, that too can also be detrimental to your child's reading. You will need to help your child by developing your child's awareness of the sounds of words, playing word games with your child, and sounding out and spelling letters and words. Also, if this is your situation, make sure that you share this concern immediately with your child's teacher.

Children who live in communities in poverty may have more trouble learning to read. While coming from a low-income family does not necessarily mean that a child will struggle with reading, poverty in general does increase the risk of learning

difficulties for children.

Children with cognitive, hearing and language delays and impairments usually have significant difficulty with reading. As stated earlier, if a doctor has seen a child regularly, these conditions would have already been diagnosed and interventions to help the child would have begun. Sometimes, however, language delays are not as easily seen. Children acquire language at very different rates during their first four years, and it can be difficult to be sure if their skills are age-appropriate. Since it is not always easy to identify a language delay, it may be better to ask for some expert help. If you think that your child isn't speaking or understanding, as they should for their age, make sure to ask for a language evaluation either from your school or physician.

Remember, the absolutely best thing you can do to help your child with reading is to read to him every day. Reading aloud with your child brings many types of learning to your child as well as develops a closer, deeper bond between both of you.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☆

#### June Programs At Captiva Memorial Library

he Captiva Memorial Library is offering the following free programs for adults and children during the month of June:

#### **Adult Programs**

Coloring for Grownups - June 1 to 30 Available during normal library operating hours: Tuesday and Thursday from 10 a.m. to 6 p.m.; Wednesday from noon to 8 p.m.; Friday and Saturday from 9 a.m. to 5 p.m.

The repetitive motion involved in coloring has a calming effect and adults have found this childhood activity a refreshing way to release their creativity, relieve stress and meet other participants. Materials provided.

#### Children's Programs

Out of this World Alien Fun – 2 p.m. Thursday, June 13

There will be an audience participation

puppet show, Aliens Love Underpants. An alien underpants coloring sheet will be available for kids to color during the program. The puppet show will be

followed by the game Protect the Planet. Our Solar System – 2 p.m. Thursday, June 20

The solar system is fascinating. It is full of planets, moons, asteriods, comets, minor planets and many other exciting objects. Make galaxy rocks to take home.

Star Stories: Greek Myths – 2 p.m. Thursday, June 27

The night sky is full of star constellations. The ancient Greeks named the star constellations after their awesome myths and folktales. Katie Adams performs these myths with colorful shadow puppets, storytelling and audience participation. Registration is required.

The Captiva Memorial Library is located at 11560 Chapin Lane in Captiva. For more information about a program or to register, call the library at 533-4890. A sign language interpreter is available with five business days notice to library staff.☆





556 Chert Court. East Rocks **Expanded & steps from desirable West Gulf** Dr beach accesses. \$799,000 furnished



Sanibel Arms West #E2 Gulf-front 1st floor 2 bedroom, steps to sand & earning great income. \$849,000 turnkey



1238 Isabel Drive, Sanibel Harbour Undergoing huge renovation. Bayfront multistory pool home with boat dock. \$3,495,000



1050 White Ibis Drive, Gulf Shores Near-beach 4-bedroom pool home with water view, steps to beach access. \$849,000



9270 Kincaid Court, Belle Meade Home lot, off San-Cap Rd near wildlife refuge, school, & rec center. \$149,000



Gulfside Place #222 2nd floor beach-facing, just remodeled with highend fixtures, appliances, finishes. \$1,429,000



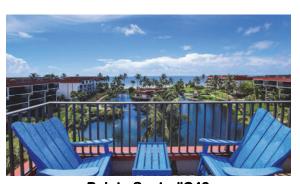
Signal Inn #4 Delightful gulf-peek 1 bedroom. Pet-friendly rentals produce terrific income. \$499,900



842 Limpet Drive, Shell Harbor Ground-level split-plan 3-bedroom pool home with dock & lift. All new inside & out. \$2,295,000



9448 Begonia Court, Gumbo Limbo Semi-raised single-level 3-bedroom home at end of cul-de-sac with this lake view. \$699,000



Pointe Santo #C43 Top-floor 3 bedroom with private roof-top deck & income. \$995,000 furnished



Captains Walk #F4 Bright ground-level corner 2 bedroom 2 bath with washer/dryer. Next to canal. \$349,000



1351 Middle Gulf Drive, Moonshadows Beach-front 3-bedroom 2-level home in small community with shared pool/tennis. \$1,495,000



898 Rabbit Road, Windrow Lot for single-family near-beach home. Path to beach at end of street. \$170,000

239-472-HOME (4663) 2242 Periwinkle Way Sanibel Square #3 888-603-0603 SanibelSusan.com

the islands for 27



#### Hibiscus Show And Plant Sale On Father's Day

he James E. Hendry Chapter of the American Hibiscus Society will hold its 68th annual Hibiscus Show/Plant Sale at Araba Shriners on Sunday, June 16 from 1 to 4 p.m.

The free show, the oldest and largest in Florida, is expected to attract several hundred people. It is made possible through the generosity of community sponsors: Craters & Freighters, Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Greenscapes, Dr. John Kagan, Hooters, Donna Sublett, Tim's Tree Service and Wilford & Lee.

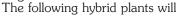
Wanda Schmoyer, a past president of the chapter, is making the most of the date change to Father's Day by honoring her father, Woodrow Watson. He was an active member of this chapter for over 30 years before his passing and is the reason she became addicted to hibiscus.

The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including amateur, collector, open collector, commercial and seedlings," said Jack Bernatz, president.

In addition, more than 600 hybrid hibiscus plants will be for sale. Free raffle prizes will be given away every



30 minutes for gift certificates from Bahama Breeze, Bennett's Fresh Roast, BGI Fertilizer, Butterfly Estates, Cantina Laredo, The Clam Bake, Donna Shaw, Eager Beaver Car Wash, Edison Estates Gift Shoppe, Edison Ford Estates, Edison Restaurant, Five Guys Burgers & Fries, Florida Repertory Theatre, Fussy Female, Gavin's Ace Hardware, Hooters, IMAG History & Science Center, Jersey Mike's, Leopardi's, Mel's Diner, Ruth Messmer Florist, Mission BBQ, Natalie's Skin Solutions, Oasis Restaurant, Outback Steakhouse. PGA Golf, Pinchers Crab Shack, Pink Petunia, Salon Nicholas donated by Jane Kolczun, Skillets, The Spa at La-Te-Da Salon, Snyderman's Shoes, Sun-Fire Nurseries, Talk of the Town Consignment and Wisteria Tea Room.





Imperial Dragon

be for sale at this show: Black Jack, Bridgette, Byron Metts, Cajun Paprika, Cajun Sunset, Chartreuse Rose, Chiffon Pink, Chocolate Raspberry, Daddy's Angel, Delta Dawn, Ecstatic, Flameball, Fly Me To The Moon, Groovy Grape, High Definition, High Voltage, Imperial Dragon, Jennie Lynn, Kilimanjaro, Lemon Kisses, Love Pat, Magnifique, Marianne Charlton, Masked Bandit, Midnight Affair, Mon Ami, Mother Nature, Nectar Pink, Night Runner, Out of the Ashes, Paradise Jeal, Peach Cascade, Pink On The Mountain, Sebastian, Sgt. Seth Trahan, So Fine, Sonny's Tie Dye, Stargazer, Swamp Cloud, Swamp Fire, Sweet Pink, T. Celebration, T. Princess, T. Sophistication, T. Spotted Sun, Tamibon, Tarantella, Voodoo Magic, White Hot and White Swan.



Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. Should members of the public have questions regarding how the blooms are judged, there will also be several senior American Hibiscus Society judges available to respond.

Anyone who desires to learn more about how to grow, graft and hybridize this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, American Hibiscus Society at the show. The show is the last meeting of the society until October. There is no charge for parking or admission.

Araba Shriners is located at 2010 Hanson Street in Fort Myers. Visit www.hendrychapterhibiscus.com for 

#### **Help SCCF Bring Back the Barn Owls**

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to NOT use these rat poisons:

• brodifacoum • bromailone • difenacoum • difethialone

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.











SCCF 472-2329 • www.SCCF.org

#### **ATTENTION High School Graduates**



Please email the following information to press@islandsunnews.com

so we can include you in our graduation pages:

Your name and photo Name of high school Names of your parents School you will be attending in the fall

Any questions, call 395-1213

#### A Universe Of Stories For Summer Reading

anibel Public Library blasts off into A Universe of Stories with the 2019 Summer Reading Program. The theme marks the 50th anniversary of man's first steps on the moon in 1969. All children, from babies to teens, are eligible to register for the program. Participants will receive a special gift (quantities are limited).

As in years past, children can read to earn books for their home library and for patients at Golisano Children's Hospital of Southwest Florida. The Sanibel Public Library Foundation matches each book "earned" with a book for patients at the children's hospital. Since its inception in 2012, participants have helped to contribute more than 8,000 books to the hospital. The library's summer reading program is funded in part by a grant from the Sanibel Public Library Foundation's Joan Hunt Cory Children's Fund. The Children's Fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

Instead of paper logs for tracking reading and activities, the library offers Beanstack, an online platform to record these tasks. Beanstack also offers personalized book recommendations and specific tools for learning. Signing up can be done from a smart phone or other device. Beanstack offers a free,



#### **Darren Castell is Professor DoDad**

user-friendly app for Apple and Android devices. Library staff is available to assist.

Starting in June, the library will host weekly fun and educational programs for youth. At 3 p.m. on Tuesday, June 3, families can learn about outer space with Professor DoDad. Learn about the solar system, space travel, gravity and stars. DoDad's Lab is full of audience participation, experiments, music, learning and laughter.

On Mondays in June, stop by the library at 1 p.m. to for family-friendly movies, (some are rated PG-13, check the online calendar for a list of films).

If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 1 p.m. on rain-free Tuesday afternoons, children can sign up on-the-spot.

Family Storytime (for babies to age 5) is held at 11 a.m. on Wednesdays.

Sixth through twelfth graders are invited to VIP After-hours gatherings on Wednesday evenings in June from 6 to 7 p.m. All VIP evenings feature snacks and photo provided

No registration is required for weekly children's summer programs, which run from June 3 through July 24. During the summer, hours change at the Sanibel Public Library. The library is open from 9 a.m. to 1 p.m. on Saturdays in June, July and August.

The full schedule is on the calendar at

www.sanlib.org. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483.☼

#### **CHUCK BERGSTROM Island Resident**

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#### **Locations In** Sanibel and Captiva 2400 Palm Ridge Rd. Sanibel, FL 33957 11508 Andy Rosse Ln.

Captiva, FL 33924

#### Sandpiper Beach #303

This 3 BR/2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation. Community pool; easy

walking distance to beach access.

\$575,000

836 Donax St.



Beautifully updated 2BR/2BA corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.

\$785,000

#### 4156 West Gulf Drive

Selling or Just Want to Chat... Talk to Chuck!

www.SanibelCaptivaRealEstateGuide.com



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The maste bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

#### 678 Durion Ct.



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell. \$699,900

#### Sandalfoot #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$699,000

#### Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from some of the finest, unspoiled shelling beaches in the world, this complex is an ideal West Gulf Drive location.

\$380,000

## FISH Of SanCap Hosts Annual Nonprofit Forum

¬ISH of SanCap hosted its annual ¬gathering of island nonprofit organizations on May 23 at The Community House with over 15 organizations represented. The event was open to leadership from all Sanibel and Captiva based nonprofit organizations in order to discuss the needs of the islands and how the nonprofit community can work together to address them. Given the strong support the organizations share from community members, volunteers and donors, FISH wanted to continue in that spirit to strengthen nonprofit collaborative efforts. The conversation was moderated by Lisa Heidrick, who has extensive experience in strategic planning and development.

In previous years, organizations such as "Ding" Darling Wildlife Society, Sanibel-Captiva Conservation Foundation (SCCF),



photos provided

Bailey-Matthews National Shell Museum and the Sanibel Community Association have hosted the gathering. The group looks forward to additional meetings and ongoing conversation about their shared goal to improve the lives of Sanibel and Captiva residents and visitors.



From left, Ryan Orgera, Alicia Tighe and Nicole McHale



Annie Campbell and Lee Ellen Harder



Melissa Rice and Lew Gould



Melanie Moraga and Alison Hussey



**Bill Sartoris and Rick Perry** 



Lisa Heidrick

#### Conchologists Of America Meeting On Captiva

submitted by Anne Joffe

he Conchologists of America, a national shell organization, will be hosting its 48th annual meeting at South Seas Island Resort on Captiva.

What could be more fun than to celebrate R. Tucker Abbott's 100th birthday and what better location than South Seas Island Resort, located on the north end of Captiva Island?

It was Abbott's dream to have a shell museum on Sanibel and in 1992, he was named the first director. Through his contacts, knowledge, past careers and dedication, he was able to make this a reality, unfortunately, one he did not live to see come true.

Author of hundreds of shelling, educational and identification books, Abbott was to shelling what Audubon was to birding. He judged all major shell shows, was a sought after speaker, and was the curator of mollusks at the Smithsonian. He was director of the Academy of Natural Sciences in Philadelphia and director at Delaware Museum of Natural History before retiring to Florida.

The conchologists meeting begins with field trips on Monday and Tuesday, June 17 and 18, which will kick off the festivities. All are located in the Sanibel-Captiva area, except for the trip to see the Thomas Edison and Henry Ford homes and laboratories in Fort Myers. On Tuesday, the Bailey-Matthews National Shell Museum will host a reception at 6 p.m. This will feature appetizers and drinks, and give attendees a chance to reacquaint with the museum and to see and learn about the changes being made for the new aquarium project. Opening day is Wednesday, June 19, with some surprises all day, wonderful speakers and a welcome party to help kick off the birthday events. Silent auctions will be held, including one at the welcome party. There will be a pre-dinner piano concert as well. Dress code for the evening will be shell shirts, like Abbott used to wear,

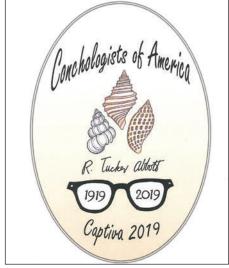


image provided

or any festive shell top. This will be a fun evening, so be ready to party.

Thursday will feature programs, silent auctions and a live auction in the evening auctioneers Henry Chaney and Paul Callomon. One never knows what birthday outfit Callomon will choose for this special evening. The highlight of the day will be the infamous Snail Parade. Be sure to enter for a chance to win, and claim title of Best Snail.

On Friday, there will be more silent auctions and our annual business meeting with a preview of the 2020 meeting in Melboune, Florida, set for June 15 to 21. That same evening will be the banquet with birthday gifts for all, as well as a program highlighting the life and times of R. Tucker Abbott. The Neptunea Award winner will be announced, as will the raffle winners. But first, there will be birthday cake.

The Shell Market will be open to the public Saturday and Sunday, June 22 and 23. This is where shell dealers come from all over the world and set up tables selling rare and exotic shells. The doors will open at 1 p.m. and close at 8 p.m. On Sunday, the market opens at 9 a.m. and closes at 2 p.m.

Registration is required for all events except the Shell Market.

For more information or to register, contact Anne Joffe at 471-3151 or email at sanibelchiton@aol.☆

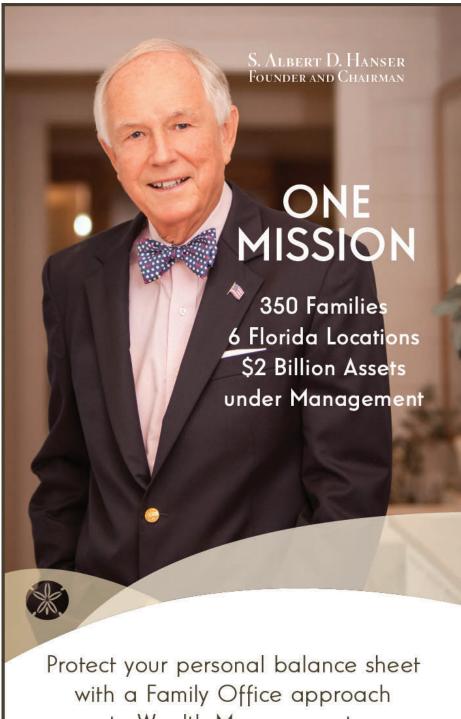
#### Antinori Wine Dinner Menu And Pairings Revealed

limited number of tickets remain for the Saturday, June 8 Antinori Wine Dinner, a charitable event to raise funds for The Community House. Hosted by Bailey's General Store and Sanibel Catering Company, the evening will feature a dinner and wine seminar featuring six wine pairings with Drew Connor, state manager for Antinori. Dietary accommodations should be requested at time of reservation.

The evening will begin at 6 p.m. with assorted passed amuse-bouche paired with a 2017 Prosecco di Valdobbiadene. Next will be a 2018 Guado al Tasso Vermentino paired with pan seared

grouper with Tuscan white beans and tomato jus. Third course will be a 2017 Castello della Sala Bramito paired with smoked confit of duck ragu parrapardelle. Then a 2017 Guado al Tasso Scalabrone will be paired with a summer ratatouille. Next, a 2016 Péppoli Chianti Classico will be paired with stuffed veal breast Napoli. The grand finale, Antinori's 2016 Guado al Tasso Bruciato Super Tuscan will be paired with grilled prime rib of beef and asparagus. Various dessert selections will be served after dinner.

Locally sourced cuisine is created by Chef Karl Hamme of Sanibel Catering Company. Tickets are \$100 per person or \$550 for a table of six. Reservations can be made by calling Calli Johnson at 472-1516 or online https://baileyssanibel.com/purchase-tickets-now. The fundraiser supports future endeavors at The Community House, located at 2173 Periwinkle Way.



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Robin Krevanek read a poem in recognition of National Older Americans Month photos provided

#### FISH Hosts Birthday Party

uring the May Friendly Faces Luncheon, FISH of SanCap recognized guests celebrating birthdays, which included Rachael Lazorik, Gary Kreml, Carolyn Graham and Alice Frappier. National Older Americans Month was also recognized,

with Robin Krivanek reading a poem.
Friendly Faces Luncheons are held year-round on the second Tuesday of the month at George & Wendy's Seafood Grille. All are welcome. For more information, call 472-4775 or visit www.fishofsancap.org.☆



Bill Rankin and Brent Williamson



Kathy Monroe and Alice Frappier



Sandi Sultar and Amy Esposito-Brown





Carol and Gary Kreml

From left, Pat Slater, Rachel Lazorik and Helen Taylor



From left, Diana Gray, Katie Dietrich and Carolyn Graham

# **Human Trafficking** Awareness Director Retiring

ola Theiss, the founding executive director of the Human Trafficking Awareness Partnerships Board (HTAP), will officially retire from her position on Friday, May 31. She will stay on as a consultant.

In a statement issued by the HTAP board, the group expressed their deep appreciation to Theiss for her 15 years of raising awareness of human trafficking among agencies and the public.

Theiss initiated community meetings to deal with human trafficking in 2004 and incorporated HTAP as a 501(c)3 charity in 2006. She served 13 years in her director role. Her experience as mayor of Sanibel gave her that unique ability to bring together public and private sectors, in the fight against this horrific crime.

"Nola was instrumental in creating awareness of human trafficking in Southwest Florida, throughout the United States and beyond given her added role as a Zonta leader and volunteer. Her accomplishments in this role helped the public and especially the youth of the area to understand the threat of trafficking. One of her legacies will be the ARTREACH program. ARTREACH is a unique prevention program using art developed specifically for youth and at-risk populations. HTÁP is known for its prevention programs in local middle and high schools," the statement, signed by Karen Pati, president of the HTAP Board, said. "We wish Nola the best in retirement and look forward to utilizing her skills and vast knowledge in her new role of consultant."

HTAP Program Director Lauren McCraney will serve as the executive director, taking on the responsibilities of managing all day-to-day operations along with planning future programs.

McCraney first worked with HTAP as an ARTRÉACH volunteer in 2010



**Nola Theiss** 

photo provided

and became the program coordinator in 2018. She has over 10 years of experience in start-up businesses and community endeavors. Her numerous connections in the community have helped facilitate exhibitions, organize events, make presentations and conduct ARTREACH and school programs. Theiss said, "Lauren has participated in the growth of our many programs over the years and will use her unique skill set to expand HTAP's reach even more." Reporting to McCraney are Savanna

Martensen as ARTREACH art instructor; Jean Kordaris, communications coordinator, and several eager summer interns

HTAP serves the entire Southwest Florida area and beyond. The HTAP mission is to prevent human trafficking by empowering individuals through education and collaborative action in Southwest Florida.

There will be an open house celebration of these remarkable women on Friday, May 31 from 1 to 4 p.m. at the HTAP Office at 7275 Concourse Drive, Suite 400, in Fort Myers. Call 415-2635 for more information.☆

SouthWestern State College, Florida Weekly, Greater Fort Myers Chamber of Commerce, Greater Lehigh Acres Chamber of Commerce, Gulfshore Business, Hodges University, Lee County Economic Development Office/ Horizon Council, Sanibel & Captiva Islands Chamber of Commerce, Southwest Florida Business Today, Southwest Florida Hispanic Chamber of Commerce, The Chamber of Southwest Florida, The Greater Fort Myers Beach Area Chamber of Commerce, and The Greater Naples Chamber of Commerce.

Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road in Bonita Springs. For more information or to request an application, contact Stacey Mercado at 433-7189 or 

# Sanibel One Of Most Beautiful Seaside Towns

by Jeff Lysiak

In the most recent issue of Reader's Digest, Sanibel Island was heralded as one of the most beautiful seaside towns in America.

"Leave the bustling beaches of Fort Myers behind and head south to Sanibel and her sister island, Captiva," writes article author Gwen Pratesi. "These low-key barrier islands are known for their pristine beaches, an abundance of shells – in fact, it's one of the 15 best beaches for seashells around the world – and commitment to preserving

the natural beauty and wildlife of the islands. Take a dolphin or sunset cruise or explore the more than 6,400 acres at the JN 'Ding' Darling National Wildlife Refuge. The refuge offers tram tours, or you can drive, ride a bike or take a kayak excursion. Afterward, head to Blind Pass Beach, where Sanibel and Captiva meet, to capture the best

Also named to the Reader's Digest list is Anna Maria Island, Florida; Carmel By-The-Sea, California; Cape May, New Jersey; Nantucket, Massachusetts; St. Michael's, Maryland; Stonington, Maine; Cape Charles, Virginia; Cannon Beach, Oregon; Jamestown, Rhode Island; Beaufort, South Carolina; Kitty Hawk, North Carolina; and Seabrook Washington.

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# **Nominations** Sought For **Business Award**

ward applications are now available for the Southwest ▲Florida Blue Chip Community Business Award. Coordinated and sponsored by McGriff Insurance Services, the 25th annual program will be held at Hyatt Regency Coconut Point Resort and Spa on Wednesday, November 6.

The program recognizes small business owners who have overcome adversity to achieve success. Registration for the event is free and is available online at www.2019BlueChipCommunityBusiness Award.eventbrite.com.

Applications for the award are open to thriving for-profit companies with their principal office located in Charlotte, Collier or Lee County.

Eligible companies must have been in continuous operation for at least three vears under the same ownership and have five to 400 payroll employees. Applications are due by Wednesday, September 4, at which time an independent panel of judges will select five finalists to be honored at the November 6 luncheon. Of the five finalists, one business will be announced as the Southwest Florida Blue Chip Community Business Award recipient at the luncheon ceremony. Businesses can nominate themselves or be nominated

by a third party.
The 2019 Southwest Florida Blue Chip Community Business Award is endorsed by the Bonita Springs Area Chamber of Commerce, Cape Coral Chamber of Commerce, Charlotte County Chamber of Commerce, Charlotte County Economic Development Office, Christian Chamber of Southwest Florida, City of Cape Coral Economic Development Office, Florida Gulf Coast University, Florida

# City Recruits Interns, High School Student

he City of Sanibel welcomes three summer interns: Jacob Ashby, Dana Congress and Maureen McGauran as well as high school student Zander Goss. McGauran and Ashby will be interning for the city this summer. Congress is interning for six weeks before beginning a job in New York City. Goss is working 40 hours as he completes his High School Independent Senior Project.

Ashby is interning in the finance department. Ashby graduated cum laude this month with his bachelor's degrees in economics and political science from University of Florida. Ashby worked for the City of Sanibel's Recreation Center as an aide and lifeguard from 2015 to 2017. His projects this summer include working on revenue and cost analysis for the recreation center. He will also assist in preparing the city's annual budget.

When asked why he wanted to work with the city this summer, he said, "I have always been passionate about government and public service. I wanted to intern for the City of Sanibel because I wanted to gain a better understanding of how local government functions and I wanted to participate in an internship that would provide me with opportunities to make a meaningful impact on my local community." Ashby will be returning to University of Florida in the fall to pursue a master's degree in economics with an emphasis on data analysis with a goal of a future career in federal consulting in Washington, DC.

Congress is a second year intern working in the community services department. Her projects include information and research on the Dark Skies Ordinance as well as short-term rentals. Congress was born and raised on Sanibel. She earned her bachelor's degree from University of Florida this



From left, Maureen McGauran and Dana Congress with Zander Goss and Jacob Ashby photo provided

month where she graduated cum laude majoring in psychology with a minor in mass communication. After her internship, Congress will be relocating to New York City to begin her career with a consulting firm.

When asked why she wanted to intern at the city this summer, she said, The City of Sanibel provides a great learning experience and gives us a lot of autonomy. I felt by interning again with the City of Sanibel it would better prepare me for my upcoming role in New York City.'

McGauran is interning in the administration department. Her projects include leaf blower regulation research

on public education materials, the Bike and Hike Sanibel public education campaign, writing a grant application on behalf of the city, grassroots communication with businesses, design for various informational materials and flyers, designing the Islands Night and Fourth of July floats for the city, and various news releases. McGauran earned her bachelor's degree in January from Taylor University where she finished summa cum laude majoring in public relations.

When asked why she wanted to intern with the city, she said, "The internship with the city has allowed me to utilize the skills I gained from my public relations degree while also allowing me to explore working in local government. In the process, I am learning more about my new community here on Sanibel and gaining valuable knowledge for my future career aspirations in government." A Sanibel resident, McGauran is pursuing

her master's in government with a concentration in political communication through Regent University.

Goss is spending 40 hours with the city as he completes his High School Independent Senior Project. He is asked with memorandum regarding the usage, safety, and local implementation/ banning of micromobility platforms such as electric scooters and bikes. Goss is also shadowing various departments. When asked why he desired to do his senior project with the city, he said, "It is very fulfilling to serve a community that has given so much to me. Sanibel has been an integral part of my upbringing, and it is enlightening to see how the city is run so seamlessly." Goss is a graduating senior at Canterbury School and will attend Duke University in the fall. He will major in international comparative studies with a minor in French. Goss is a Sanibel resident.

# Record-Breaking Month For Airport

uring April, 1,111,558 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 18.3 percent compared to April 2018. Year-to-date, passenger traffic is up 9.7 percent compared to last year.

The traffic leader in April was Delta Air Lines with 203,048 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (166,635), Spirit (150,889), American (143,471) and JetBlue (133,676).

Southwest Florida International Airport had 8,970 aircraft operations, an increase of 11.4 percent compared to April 2018. Page Field saw 10,076 operations, a 25.8 percent increase from April 2018. In addition, approximately 2.8 million pounds of air freight moved through Southwest Florida International Airport in April 2019.

Southwest Florida International Airport served nearly 9.4 million passengers in 2018 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa.com or on Facebook at www.facebook.com/ flyRSW.☆

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# Rotary Happenings

submitted by Shirley Jewell

got back from vacation just in time to say goodbye to our Sanibel-Captiva



Rotary Youth Exchange (RYE) Student 2018-19, Li-sen Chou from New Taipei City, Taiwan. Li-sen came to the states a shy 15-year-old and will return home a more confident and outgoing 16-year-old.

Last Friday morning, Li-sen spoke to the club about his experience with the Rotary program and his personal growth as a result of the program. It's not easy to be a 15-year-old high school student, traveling 7,619 miles from home with just a few personal possessions. It takes quite a leap of faith and a brave spirit.

Each student in our Rotary Student Exchange program is required to become aware of and sign a Rules and Conditions of Exchange document regarding behavior, school protocol, Rotary's 4 Ds – Dating, Drinking, Driving and Drugs – smoking, social media and travel. Each student must understand that they are a representative of themselves, their family and their country.

Li-sen had put together a video of his journey to the states and how his school year progressed. He started by introducing his native country of Taiwan, a country that is five times smaller than the states with a population of around 23 million and a country where you may hear 35 languages spoken. He gave us an overview of his life in Taiwan,



Richard Green and Li-sen Chou

from foods he enjoyed to holiday celebrations with his family. Li-sen's dad is a Rotarian and no doubt the reason Li-sen took part in the Rotary Youth Exchange. He also explained that student life at the private school he attends in Taiwan is extremely regimented with a prescribed curriculum, long days, long periods of study and no extra-curricular activities.

Li-sen, as with most of the RYE students, will not get any educational credit for their time at school here in the states and will have to repeat their academic year back in their native country.

But now onward to his RYE experience here in the states. It is typical of the exchange to encourage diversity in the experiences of the

photo provided

student. This sometimes starts with a plan to have more than one host family for their school-year stay. Li-sen was hosted by three families here in Lee County and got the opportunity to attend two different high schools, as a high school junior at South Fort Myers and Cypress Lake High. His favorite class was biology and that may be something he pursues for advanced studies. He was surprised by the shortest of class periods and the ability to choose courses. But most

of all, beyond his study experiences, Li-sen got to join the junior varsity basketball team at Cypress Lake High and participate in his favorite sport of all time, basketball.

Host families, Sanibel-Captiva Rotarians, Rotary District 6960 and the Rotary Exchange Student program provided outside activities for Li-sen such as fishing, boating, basketball and baseball games, as well as activities to get RYE students together to share their experiences. Trips to Disney and Washington, DC, and attendance at district and Rotary Club events provided opportunities to grow and learn. Li-sen took part in many of our club activities, and you could see his spirit grow toward being part of the group and becoming more actively involved as time went by.

time went by.

Sanibel-Captiva Rotary is proud of our participation in the RYE program and especially proud of Li-sen and his willingness to be part of the program and thrive. Fond farewell and hope to see you again our friend, Li-sen. Remember, "It's a small world after all" and the more we learn about each other, the better understanding we have

Special thanks to Sanibel-Captiva Rotarians Holli Martin, Richard Green, Jack Alexander and their families for guiding Li-sen during his time with us. You were the wings beneath his feet.

# Lee County Scores Improve On Grade 3 FSA

rade 3 Florida Standards
Assessments (FSA) English
Language Arts (ELA) assessment
results have been released by the Florida
Department of Education (FLDOE) and
Lee County's performance jumped by
3 percentage points, placing the local
district fourth out of the top 10 mega
districts in the state.

"This is an incredible accomplishment for our students, their teachers and administrators," said Dr. Greg Adkins, superintendent. "This is the highest level of proficiency our district has seen since the implementation of the FSA, and I am very proud of their hard work and effort. Our continued focus on the objectives of Vision 2020 have guided us to success, and we look forward to increased improvement as we plan through 2030."

Students scoring a level 3 or higher jumped from 55 percent to 58 percent from 2018 to 2019, tying the state average. Additionally, the district's proficiency level jumped from sixth in

 $2018\ \text{to}$  fourth in  $2019\ \text{out}$  of the top  $10\ \text{mega}$  districts.

"Last year at this time, the district implemented Curriculum Maps and Instructional Frameworks with a focus on planning and increased rigor," said Dr. Wanda Creel, chief academic officer. "It is gratifying to see that our districtwide processes, in addition to school-based strategies are working and more importantly, that our students are succeeding."

Scores on the other tested grade levels and subject areas are due back in June. Individual score reports will be available at schools in late July pending distribution by the FLDOE.

Florida standards are in place to help Florida students succeed and serve Florida students by measuring education gains and progress. Florida assessments include FSA ELA, FSA mathematics, end-of-course subjects (civics, algebra 1, biology 1, geometry, algebra 2, U.S. history) and the statewide science assessment for fifth and eighth graders.

Resources and other important information about Florida assessments can be found on the FSA Portal, www. fsassessments.org. Students, parents/guardians and educators are encouraged to visit this site.



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FRIDAY Mostly Cloudy High: 88 Low: 79



SATURDAY Sunny High: 86 Low: 77



SUNDAY Sunny High: 87 Low: 78



MONDAY Sunny High: 90 Low: 80



TUESDAY Few Showers High: 85 Low: 76



WEDNESDAY Few Showers High: 87 Low: 78



THURSDAY Sunny High: 89 Low: 76

# Redfish Pass Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:21 am	4:59 am	11:32 am	6:30 pm
Sat	1:19 am	5:26 am	11:55 am	7:09 pm
Sun	2:13 am	5:51 am	12:21 pm	7:49 pm
Mon	3:07 am	6:14 am	12:53 pm	8:32 pm
Tue	4:03 am	6:38 am	1:29 pm	9:19 pm
Wed	5:06 am	7:03 am	2:11 pm	10:09 pm
Thu	2:58 pm	11:02 pm	None	None

### Point Ybel Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	10:37 am	5:01 am	None	6:32 pm
Sat	12:24 am	5:28 am	11:00 am	7:11 pm
Sun	1:18 am	5:53 am	11:26 am	7:51 pm
Mon	2:12 am	6:16 am	11:58 am	8:34 pm
Tue	3:08 am	6:40 am	12:34 pm	9:21 pm
Wed	4:11 am	7:05 am	1:16 pm	10:11 pm
Thu	2:03 pm	11:04 pm	None	None

### Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	11:36 am	5:08 am	None	6:23 pm
Sat	12:26 am	5:45 am	12:05 pm	7:09 pm
Sun	1:12 am	6:24 am	12:29 pm	7:55 pm
Mon	1:59 am	7:03 am	12:50 pm	8:43 pm
Tue	2:55 am	7:46 am	1:18 pm	9:33 pm
Wed	4:03 am	8:36 am	1:55 pm	10:22 pm
Thu	5:05 am	9:32 am	2:47 pm	11:10 pm

### Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	2:31 am	8:15 am	1:42 pm	9:46 pm
Sat	3:29 am	8:42 am	2:05 pm	10:25 pm
Sun	4:23 am	9:07 am	2:31 pm	11:05 pm
Mon	5:17 am	9:30 am	3:03 pm	11:48 pm
Tue	6:13 am	9:54 am	3:39 pm	None
Wed	7:16 am	12:35 am	4:21 pm	10:19 am
Thu	5:08 pm	1:25 am	None	None

# Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life.
Browse through the following activities, then stop by to sign up.

**Donations Needed For Trash** & Treasures Sale – The center is now accepting donations for the fall Trash & Treasures Sale. Whether you are refreshing your home before returning in the fall or doing some spring cleaning, donate your clean, gently used items. A tax deductible receipt will be provided. Bring your donations – excluding books, clothes, shoes, computers or TVs – to the center Monday through Friday between 8 a.m. and 3 p.m. If you have any questions, call 472-5743.

Kayaking on Tuesdays – June 4 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

**Gelli Printing with Bea Pappas** – Fridays, May 31, June 7, 14, 21 and 28. Cost is \$20 for members and \$25 for non-members.

All levels are welcome to do monotype or make papers for collage use. Bring paper towels, acrylic paints, water container and one-inch brush. The instructor will provide all other

supplies. Call 472-5743 for more information.

Page Turners with Louise Fitzgerald and Ann Hartman – If you would like to be on the list for Page Turners book discussions, email oceann@comcast.net or contact the

The featured book for Wednesday, June 12 is Midnight in the Garden of Good and Evil by John Berendt. The movie will be shown at noon and and a book discussion will be held at 2:30 p.m. Bring your lunch.

First published in 1994, Midnight in the Garden of Good and Evil: A Savannah Story is a memoir-thriller by writer and Esquire-New York Magazine editor John Berendt. Based in Savannah, Georgia in the early to mid-1980s, the story follows a colorful cast of local characters as they live their daily life during a nationally infamous murder trial. Midnight in the Garden of Good and Evil was adapted to a movie in 1997 and was on The New York Times Bestseller list for over four years, setting the record for most time spent on the list. The book was also a finalist for the Pulitzer Prize. Many critics praised it for its atmospheric portrayal of an American city. The work uses more than eight years' worth of interviews Berendt had with residents of Savannah. - SuperSummary.com

Little Shop of Horrors at Broadway Palm – Wednesday, June 5. Cost is \$45 for members and \$55 for non-members.

The outing will begin at 11:30 a.m. with lunch at Cristof's on McGregor Boulevard (on your own), followed by Broadway Palm Theatre at 1 p.m. to see Little Shop of Horrors, one of the

longest running Off-Broadway shows.

Meek floral assistant Seymour stumbles across a new breed of plant that he names Audrey II – after his coworker (and crush). This sassy, R&B-singing plant promises everlasting fame and fortune, as long as Seymour keeps feeding it its special diet. Between bites, Audrey II brings down the house with music composed by Alan Menken in the 1960s-style rock and roll, doo-wop and Motown including the well-known Suddenly, Seymour. Limited seating is available. Carpool arrangements will be available. Sign up at the center.

Lunch at Malia Island Fusion Cuisine – Monday, June 10.

Try unique, authentic dishes and fresh flavors prepared by a culinary team of experts. The owner/chef will talk to the gorup about their approach to food and cooking style. Separate checks will be provided. Advance registration required. Register at the center.

Marina Jack's Lunch Cruise on Sarasota Bay and Shopping at St. Armand's Circle – Thursday, June 20. Cost is \$99 for members and \$109 for non-members. Includes round trip transportation, sightseeing cruise on Sarasota Bay with buffet lunch, shopping time on St. Armand's Circle and a stop at Der Dutchman Amish Bakery. Bus departs from Fort Myers location at 9:30 a.m.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at noon. Game begins at 1:30 p.m.

**Mahjongg** - Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon. **Hearts** – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.



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Sanibel Sea School volunteers and staff members from left, Gina Cunningham, Christina Gould, Sue Sander, Paula MacDonald, Bruce Neill, Judy Barbieri, Trudy Williams, Chandra Liebetrau, Kari Cordisco and Chrissy Basturk photo provided

said Chrissy Basturk, the organization's

assist with a variety of tasks, from updating email lists to decorating the retail shop

windows to planning fundraising events, such as Sanibel Sea School's annual

"I think now, more than ever, it is

environment. I'm happy to help the Sea

School's mission any way I can," said Gina

important to teach children and adults

how important it is to protect our

Octifest on the Beach.

development director. "We are able to

depend on them when we need extra hands, and we feel very lucky to have such a great team supporting us." Volunteers

# Sea School Hosts Outing For Volunteers

anibel Sea School hosted a volunteer appreciation outing to celebrate the end of a busy and successful season. Volunteers took a boat ride to Fort Myers Beach aboard the Ripple Effect, and had lunch while taking in waterfront views at The Dixie Fish Co.

"Our volunteers are so generous to share their time and talent with us,

# Zonta Works On Habitat Homes



The Zonta group that pitched in on May 3 for Habitat for Humanity

embers of the Zonta Club of Sanibel-Captiva showed up **⊥**on two Fridays in May to put finishing touches on two Habitat for Humanity homes to be dedicated to single-mom families on Mother's Day For several years, Zonta has provided a

grant to Habitat for Humanity of Lee & Hendry Counties for the Women Build program, and members have embraced the opportunity to get their hands dirty as a joyful community service.

For information on the club, visit www.zontasancap.com.☆





Will Power

# The Tragedy Of Aretha Franklin's Estate



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Then Motown legend Aretha Franklin died last August, it was reported that she had no will. That all has changed as several handwritten documents were recently found in her home. The documents are purported to be in her hand. A judge will ultimately decide if the wills are

Franklin passed away a resident of Michigan, where state law provides holographic (handwritten) wills as valid even if not witnessed, so long as the will is dated and the testator's signature and the document's material portions are in the

testator's handwriting.

Florida law, by the way, would not recognize an unwitnessed, holographic will. Apparently three such documents were found in Franklin's Detroit-area home, two in a locked closet for which the key was difficult to find and one in a spiral notebook stuffed under sofa cushions, according to documents filed with the Oakland County, Michigan Probate Court.

The 16 scrawled pages haven't yet been authenticated as being in Franklin's handwriting, attorneys for Franklin's four sons and the personal representative in charge of the estate wrote. And even if they are real, it's not clear that they're valid, according to the court documents, which ask the judge to sort through it all and determine what happens next.

But if they are real, they reveal a businesswoman who was intent on making sure her sons were treated fairly. Several times across all three documents, she writes that her assets should go equally to her three younger sons and outlines detailed instructions for the care of her eldest son, Clarence, who has special needs that, to date, had never been publicly disclosed.

Clarence Franklin was born in 1955, when Aretha Franklin was just 12 years old. Aretha rarely talked about her family and personal life, and for decades, Clarence Franklin's father has been reported to have been a man named Donald Burk, who was a schoolmate of the singer's.

The paternity is an issue, as one of the purported wills, dated June 21, 2010 states that Clarence's father is Edward Jordan Sr. - who's also the acknowledged father of another of the singer's sons, Edward, who was born when she was 14.

Little is known about Edward Jordan Sr., but Franklin was decidedly unimpressed with him. He's described in David Ritz's 2014 biography, Respect: The Life of Aretha Franklin, only as a "player" whom Franklin once knew.

Page six of the purported will includes this adamant declaration as part of the instructions for Clarence Franklin's care: "His father, Edward Jordan Sr., should never receive or handle any money or property belonging to Clarence or that Clarence receives as he has never made any contribution to his welfare, future or past, monetarily, material, spiritual, etc."

Both instances of the word "never" are underlined for emphasis. A hearing is scheduled for June 12. What's very sad about Aretha Franklin's saga is that a good estate planning attorney, through the proper drafting of documents, could have ensured that her wishes would be carried out.

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Assuming the authenticity of the handwritten documents, she had some very real concerns about taking care of her loved ones. Now, not only are the documents called into question, but there is so much ambiguity and conflict between the documents that no one knows who may benefit from her purported \$80 million estate.

Who manages the estate? Who would serve as trustee for her special needs son? How are the funds to be invested and distributed? Who decides whether the amounts are to be held in trust or distributed outright? Estate taxes aren't minimized in the document, nor is there any proper income tax planning.

The bottom line that estate litigation attorneys are likely to be significant beneficiaries. I would guess that hundreds of thousands if not millions of dollars will be lost to attorney fees. Moreover, the litigation will take years to resolve. It truly befuddles me why someone as wealthy as Aretha Franklin, a legend who could readily afford whomever she wants as her attorney to properly plan her estate, chose instead to leave behind hand scrawled notes to take care of her loved ones.

Perhaps she didn't want to discuss her family's history with a stranger. We'll never know. But it's a real shame.

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# **ABWA Names Business Woman** Award Nominee

ary Bondurant of Kingfisher Real Estate is a candidate for Lthe prestigious ABWA National Top Ten Business Woman Award. "The Top Ten is the highest national honor awarded to an ABWA member," said Julie DeBord of Kennedy Construction, chair of the local chapter nominating committee. "Mary is an excellent candidate and we could not be more proud of her as our chapter's nominee."

The award acknowledges career accomplishments and contributions to women's professional development through ABWA, but emphasizes community service. Bondurant serves the Sanibel & Captiva Islands Chamber of Commerce as chair and is a leading



Mary Bondurant and Julie DeBord photo provided

voice advocating for water quality. She founded and runs Let's Pink Out events supporting mammograms for uninsured women and is a director for the Sanibel 

# Zonta Seeking Early Applications For 2020 Grants

he Zonta Foundation of Southwest Florida, the nonprofit arm of the Zonta Club of Sanibel-Captiva, is seeking applications from 501(c)3 organizations in Lee County and Southwest Florida for a 2020 grant. The grant cycle is under way, with distribution of grants in January 2020, and these preliminary applications will be screened and will move forward based on meeting certain criteria.

The mission of Zonta International is to empower women and girls through service, advocacy and funding. To this end, Zonta focuses on education, economic self-sufficiency, safety, and health for women and girls. Successful applications will be based in one or more of these aspects of empowering women; they will also be specific, with measureable outcomes. Committee co-chair Diane Chesley said, "We encourage former grant recipients to develop a program that expands on prior results or that introduces new initiatives, and we will also welcome

collaborative projects involving two or more nonprofits.

The deadline for preliminary applications is July 26, 2019. For those that meet the identified criteria, a final. detailed application will be distributed at the beginning of October, with a submission deadline of October 25. Please note:

Since Zonta is non-sectarian, applications from organizations with a faith-based or religious connection are not eligible;

Submitting a preliminary grant application does not ensure that the organization will be invited to submit a more detailed application, and submitting a final application does not ensure that the organization will automatically receive funding in the 2020 grant cycle;

Applicants who submit a final grant application will be expected to work collaboratively as needed with a liaison from Zonta.

To download an application, visit www.zontasancap.com and find the link on the Home page. Email the completed application to info@ zontasancap.com, as well as to Grants Committee co-chairs Janine Boardman, janinesanibel@yahoo.com, and Diane Chesley, dhchesley@gmail.com.

# Estate Settlement Specialist Joins Trust Company

he Sanibel Captiva Trust Company announced the addition of Peter Knize, JD, senior vice president to the trust administration team specializing in estate settlement. He will work with clients corporate-wide in their estate settlement planning and be responsible for managing the assets, debts and estate taxes of the decedent, as well as distribute remaining assets to heirs. "Estate settlement is a detailed and complex process," said David J. Port, JD, fiduciary services, "and our client base has a growing need for these services corporate-wide, prompting us to expand our trust administration team with a highly respected and accomplished professional in Peter Knize.

Prior to joining The Naples Trust Company, Knize served as senior vice president of trust services at Investors' Security Trust of Fort Myers. He worked with clients, their families and advisors to create estate planning and tax strategies designed to successfully achieve the client's needs. Earlier, Knize practiced law in North Carolina and Florida in the areas of estate planning, trust and estate administration, guardianship, taxation, corporate law, business succession, real estate, and trust and probate litigation.

Knize received a bachelor of science, cardiopulmonary science, from the University of Central Florida, having first established a career in medicine as a registered respiratory therapist. He also obtained a Bachelor of arts, history, from the University of South Florida; a master of arts, history, with honors, from the University of South Florida; a juris doctorate from Nova Southeastern

University; and a master of laws, estate



Peter Knize

photo provided

planning, from the University of Miami. Knize serves as a member-at-large board of director of the Lee County Bar Association; first vice president of the Estate Planning Council of Lee County and vice president of the 20th Judicial Circuit's Guardian ad Litem Foundation. He is a cochair of the Lee County Bar Association's Real Property Probate and Trust Law section and co-chair of the Charlotte County Bar Association's Real Property Probate and Trust Law section. Knize is a member of both the North Carolina Bar and Florida Bar and is admitted to practice in the U.S. Tax Court and the Eleventh Circuit Court of Appeals. He is also a member of the Collier, Lee, Charlotte and Cape Coral Bar Associations, and the American Bar Association. His office is located at The Naples Trust Company, in Naples, Florida – a division of The Sanibel Captiva Trust Company.

large power outages. The plan first calls for restoration of critical circuits such as hospitals, traffic signals, shelters and law enforcement. Next, power is restored to the largest number of customers. The last to be restored are individual services in small pockets or services that need to be reconnected after repair to their home electrical system.

LCEC does not disconnect power before a storm. Mother Nature runs her course, and LCEC begins to restore power to impacted areas once winds are at a safe level.

How customers should prepare for outages:

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity.

Have a battery-powered radio on hand and a supply of fresh batteries to stay aware of news and other information. Keep a flashlight and extra batteries

handy.

What to do when the lights go out: Help keep LCEC's telephone lines clear for emergency calls. Only call LCEC at

656-2300 to report downed power lines. Visually check your weather-head (on the roof where your service drop connects to the pole) and your meter box to make sure it is not damaged.

Any damage to your home's electric system must be repaired by a licensed electrician and inspected by a designated agency before power to your home can be restored.

Turn off your appliances. This will protect them when service is restored. prevent electrical fires and lessen the chances of circuit overload when service

is restored. You may leave one light on to serve as a visual signal that power has been restored.

Storm Safety Tips include:

Stay clear of downed power lines. They may still be energized and dangerous. Puddles of water contacting downed lines are just as dangerous.

Don't trim trees or remove debris located near downed power lines. If you must remove debris from your home, don't pile it under or near electrical lines or equipment.

Residents on life support need to have an alternate plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up

generator.

If operating a portable generator, keep it outside and in an open area. Carbon monoxide emissions can be harmful. Follow all instructions regarding safe operation. Do not connect the generator directly to your main electrical panel. If installed incorrectly, power could flow into outside lines and injure you, your neighbors or utility crews working in the area.

Do not detain LCEC employees or contractors while they are working to restore power. This can be distracting, can cause an accident and impedes the

LCEC asks that customers be patient. Let the experts work at storm restoration. Customers can rest assured knowing that LCEC works around the clock during restoration situations to ensure that customers get their lights back on as quickly as possible.☆

# **LCEC Prepares** For Hurricane Season

ee County Electric Cooperative (LCEC) is ready to fight back if a hurricane heads to Southwest Florida. To ensure that it is ready for restoration, LCEC cultivates relationships with power line and tree-trimming contractors, fuel companies, material vendors, food service

vendors, other cooperatives and local agencies for back-up resources. You name the resource, LCEC has a relationship in place should the situation call for it.

In addition, LCEC's 375-plus employees play a critical role in the restoration plan. Employees put their typical job responsibilities on hold to pitch in during restoration. From assessing damage to doing laundry for linemen, each and every employee has an important role.

Restoration Priorities – LCEC has a thorough restoration plan that outlines priorities of electric restoration during



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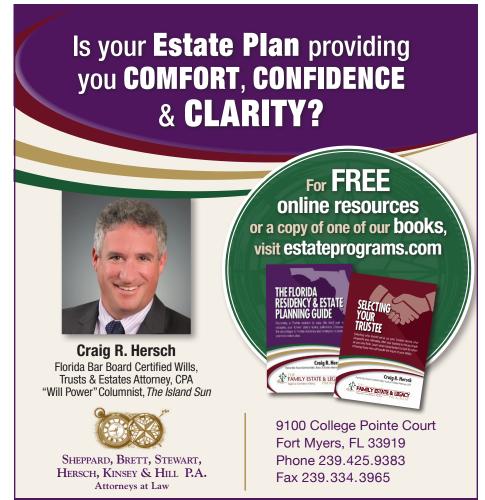


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# Frankly Speaking



by Howard Prager

That attracts sports, keeps us engaged, excited, even to the point of being a die-hard fan... someone who loves their team however they are doing? Some of these

fans are "long-suffering," as my fellow Chicago Cubs fans were for 108 years until achieving success in 2016. Åre you that loyal? Can you imagine that type of loyalty? Cubs fans are pretty frustrated that the front office can't find the relievers needed to close a game, as the Cubs have lost several games with both of their stoppers injured. I recently saw them escape with a win from the Washington Nationals, in which they had to keep their reliever in the last 2 1/3 innings because Manager Joe Maddon couldn't trust anyone out of the bullpen to save the game. That strategy backfired later in the week against the lowly Cincinnati Reds.

But this column is not about the Cubs, it's about why we love sports. The simplest sport is one where individuals try to have the best score against others doing the same. Do you love golf? I think many people love golf because it's something we can go out and play, and know how hard it is. Other similar sports are bowling, racing, swimming, cycling, ice skating, gymnastics, etc. Do you cheer for the greats, who are repeatedly among the best, or for the lesser known or newcomer trying to defy the odds?

Next you have one-on-one competition, like tennis, where you play directly against another player. The power of tennis and the ability for people to remain in the top tier and constantly win is fascinating. The great rivalries of today include Rafael Nadal versus Roger Federer and Serena Williams against anyone else. All show the strength and fortitude of great individual players. Do you love tennis or similar sports like boxing, wrestling, etc. with the thrill of individual strength against strength?

How about the fan favorites, team sports ranging from soccer, basketball, hockey, baseball and football. A single person cannot win this by themselves, you need a team to win, although there are many greats who have "carried" and encouraged their team because they are so spectacular. Without Michael Jordan, would the Bulls have won so many championships? Tom Brady and the Patriots? He is constantly getting the Patriots back to the Super Bowl. The great one, Wayne Gretzky? Who can forget the exciting moment when Brandi Chastain kicked the penalty kick that won the FIFA World Cup for the U.S. Women's Soccer team? Pivotal players, pivotal moments, but they could not do it alone. Lebron James is one of the current NBA superstars, but he couldn't help the Lakers even make the playoffs.

I recently gave a talk about such people, who Duke Ellington called beyond category. How do they succeed against such long odds? What makes them so successful? I'll share some common characteristics in a future article. One of the superstars I interviewed was Brandi Chastain who said, "Each person needs to have an innate drive. Individual must fill their personal role and team must embrace that. They must fit into the puzzle. Wasn't easy or pretty or best friends, but we had a tremendous amount of trust and respect. If present, they allow other qualities to come out. Difficult thing is giving yourself over to a bigger idea." May we all enjoy these "beyond category" athletes.

In the meantime we have some playoffs going on and some local future greats to acknowledge. In hockey, St. Louis is seeking to end a 49-year drought in the Stanley Cup final since it was swept by Boston and Bobby Orr in 1970. Boston, which leads the series 1-0 at press time, is shooting for its seventh cup since last winning it in 2011. Basketball has perennial winner Golden State going for a three-peat against first time finalist Toronto, who beat Milwaukee four straight games to get into the finals. Dynasty versus upstart. And on the local front, we have the Fort Myers Miracle

continuing to do well this season after winning the FSL championship last year and placing eight of their players in the all-star game. Congrats to each of them and the Minnesota Twins, who are 10 games up on second place Cleveland in the AL Central as of this writing.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews. com.₩

# Pet Adoption Promotion

ee County Domestic Animal Services wants people to know they can adopt a canine (or feline) friend to celebrate National Take Your Dog to Work Day on Friday, June 21, at a discounted rate for the first three

Adoption fees will be \$20 from June 1 through June 22. Take a picture of the new furry family member on the job and share it to Domestic Animal Service's Facebook page to celebrate.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. That is a \$500 package. A team of staff and volunteers are waiting to introduce a new four-legged family members. Stop by the adoption center Monday through Saturday from 10:30 a.m. to 3:30 p.m.

Visit the website www.leelostpets. com to see pets available for adoption. Call 533-7387 (LEE-PETS) or visit Lee County Domestic Animal Services, located at 5600 Banner Drive in Fort Myers. Find Lee County Domestic Animal Services' social media sites on Facebook or Instagram @ LeeAnimalServices.

To learn more about Take Your Dog to Work Day, visit www.petsit.com/ takeyourdog.☆

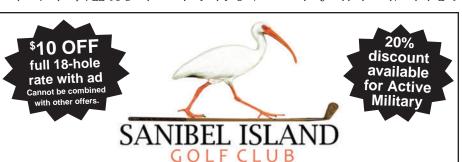
### **SPORTS QUIZ**

- 1. Houston's George Springer set a record in 2017 for most extra-base hits in the World Series. How many was it?
- 2. When was the last time a league leader in ERA for a season had a number higher
- 3. Jimmy Garoppolo, in 2017, became the second 49ers quarterback to win his first three NFL starts. Who was the first to do it?
- 4. In 2018, Villanova's Jalen Brunson became the seventh male Naismith Award winner (top college basketball player) to win the NCAA Tournament the same year. Who was the last to do it before him?
- 5. When was the last time the Buffalo Sabres reached the NHL playoffs?
- 6. In 2018, Atlanta's Josef Martinez set a Major League Soccer regular-season record for goals scored (31). Name two of the three others who shared the mark of 27.
- 7. Which of the following heavyweight boxers did Ken Norton not fight during his pro career: Muhammad Ali, George Foreman, Joe Frazier or Larry Holmes?

### **ANSWERS**

Frazier.

1. Eight hits (three doubles, five home runs). 2. John Lackey, with a 3.01 ERA for the Angels in 2007. 3. Y.A. Tittle (1951-52). 4. Anthony Davis of Kentucky, in 2012. 5. It was 2011. 6. Roy Lassiter (1996), Chris Wondolowski (2012) and Bradley Wright-Phillips (2014). 7. Joe



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If you are interested in our sponsorship program, please contact Babs Maughan at 239-314-4800 or Sanibelbabs@gmail.com

# Lions Eyeglass Donations Slightly Down In April

he Sanibel-Captiva Lions Club continues collecting used prescription eyeglasses and lenses, as well as cases and hearing aids, for its Recycle for Sight program. April donations were down 4.5 percent from the prior month with the highest collection of 338 total items in September 2018.

A total of 2,781 items have been collected since July 2018, the start of the club's fiscal year. Donated glasses are cleaned and processed by club members for distribution in needed areas of the United States and throughout the world. Donations can be made in any of the specially-marked Recycle for Sight boxes or to a neighboring Lion.

"We are grateful for our community's generous support of this valuable program," said Lion Rick Wagner, Recycle for Sight coordinator. "Your unused glasses, lenses, cases or hearing aids will help someone have better sight or hearing and that means a lot."

Recycle for Sight boxes can be found at the following locations:

Sanibel – Ace Hardware, Bank of the Islands, Bailey's General Store, Island Pharmacy, Sanibel Captiva Community Bank on Library Way and Periwinkle Way, Sanibel Community Church, Sanibel Public Library, Sanibel Eyecare and Center 4



Recycle for Sight donation box

photo provided

Captiva - Bank of the Islands. Fort Myers - Shell Point Community Thrift and Southwest Florida Eye Care.

Sanibel-Captiva Lions meet the third Wednesday of the month at 6 p.m. for social hour at The Community House, located at 2173 Periwinkle Way. Meetings include dinner catered by Sanibel Catering Company by Bailey's. To learn more about the club, attend a meeting or visit www.sanibelcaptivalionsclub.org. RSVP to Lion Steve at 233-6261 or Lion Jeff at 302-521-1158.

### **Doctor and Dietician**

# Get Connected: Loneliness Can Harm Your Health





by Ross Hauser, MD and Marion Hauser, MS, RD

eaningful social connections are really good for our health. Those who have them are generally happier and healthier. Connections with others who feel what we feel, understand how we think, and who are able to relate with us on a heart-to-heart or soul-to-soul level meet some of our life's most important needs. We need human connections for physical, emotional and spiritual health. Those who feel connected have lower rates of anxiety and depression, because their involvement in a social network provides the giving and receiving of trust and empathy. Social connectedness helps people maintain a healthy weight, manage blood sugar, boost cancer survival, reduce

cardiovascular risks, alleviate depression and improve overall mental health.

Many of us know what it's like to be around people but still feel lonely. It's important to have strong relationships where you feel truly connected. Without this connection, there are emotional consequences, such as feelings of isolation and depression, as well as negative physical effects. A lack of social connection weakens our immune system, making it more difficult to fight sickness. Prolonged periods of loneliness can increase your risk of various health conditions. Belonging is an irresistible need of all people. We are biologically, cognitively, physically and spiritually wired to love, to be loved and

Not everyone is an extrovert, and we get that. Some people are naturally introverted and need more alone time than others, which actually gives them a recharge. It is not the same as social disconnection. However, if there's a sense of disconnection, it may be time to make a change. You cannot just wait on somebody else to connect with you. Be wise, strong and resolute, by taking steps to connect. Plant and nurture the seeds of better social connections for a healthier you.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ 

**Superior Interiors** 

# How To Decorate **Around Stainless-**Steel Appliances



by Marcia Feeney

tainless steel appliances have a way of transforming a dull, lifeless kitchen into a space that's chic and sophisticated. Not only is this material gorgeous and timeless, it's also long-lasting, easy

to clean and can match most small items like toasters, blenders and mixers, making it easy to coordinate when you're out shopping for those little kitchen necessities.

Contrary to popular belief, it's quite simple to decorate around stainless-steel appliances as well. Because this material is essentially neutral, you can decorate with any style or sequence you prefer. Whether mid-century modern, transitional or any other style, there's no reason you can't be versatile when designing your kitchen around your appliances... just don't go over the top with the material.

It's quite simple to decorate around stainless-steel appliances. Stainless accents are beautiful, but less is more with metal in kitchen designs. You wouldn't want stainless counters or small appliances in the same design with large pro line stainless pieces, unless you were going for an over-the-top industrial design.

Whether you're getting ready to paint the walls or pick out accessories to place throughout your kitchen, picking your color palette should be your top priority. Certainly, there are various shades and hues to choose from, but you should follow a general, consistent theme to keep things cohesive.

Gray is a simple route, since stainless steel has gray undertones. But that doesn't mean the design will go unnoticed. Accenting with gray will make your kitchen united and tranquil. If you want to make your kitchen come to life with a focal point, add a vibrant bowl of fruits to the middle of the kitchen table.

Black can add an abstract vibe to the kitchen. Pair it with various stainless-steel appliances, and your space will feel more sophisticated and refined than ever before.

Cool colors look appealing against stainless steel, too. Follow this color palette and spread shades of blue, green and purple throughout the kitchen with your tablecloths, napkins, window treatments and more.

Warm tones can turn a kitchen into the coziest and inviting room in your house. Reds, oranges and yellows in the form of accessories throughout the space will look perfect with your stainless-steel appliances.

As you can see, you have a wide variety of colors to choose from. Consider your own personal style, plus the way you want people to perceive your design when decorating your kitchen.

Incorporate natural elements, materials and textures throughout the kitchen in your cabinetry, furniture and wall accents like shiplap and wooden frames. This will help your space with stainless steel appliances feel less sterile and more serene, natural and put together.

If the idea of decorating around your stainless-steel appliances still intimidates you, it's time to call a design professional for help. He or she will evaluate your kitchen and go over your personal style and develop a design strategy to turn your kitchen into the beautiful oasis you'll never want to leave.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com. \$\pi\$

# Lee Health Now Offers Virtual Care Service

ee County patients will no longer need to leave home when suffering from a minor injury or sickness. Lee Health recently launched Lee TeleHealth, a new 24/7 virtual care service allowing a visit with a board-certified physician and advanced provider for treatment of a variety of health concerns.

The service, costing \$49 per visit, is now available on demand via computer, smartphone or tablet. During the virtual visit, patients have the ability to interact with the doctor, via their device's camera, to receive a diagnosis and, if necessary, a referral or prescription.

'Lee TeleHealth is a game changer for patients, especially those with hectic lives who might otherwise struggle to find time to make it to the doctor's office. When it comes to minor sicknesses and injuries, Lee TeleHealth offers the luxury of no more waiting rooms, no more sitting in traffic during season and the option to see a doctor at a time that is convenient for you," said Kris Fay, chief administrative officer of Lee Physician Group. "Telemedicine is transforming the way health care providers interact with patients, and we look forward to continue embracing new technology to provide the best possible care."

Lee TeleHealth provides a great alternative for busy parents and professionals. If a more thorough examination is required, the physician will refer the patient to a Lee Convenient Care or Lee Physician Group doctor.

Patients using the TeleHealth service can seek treatment and receive a prescription for a variety of conditions, including cold and flu, sinus infections, rashes, pink eye, headaches, urinary tract infections, allergiesm cough, sprains and strains.

Every visit is encrypted to protect private information, and patients can expect the same level of care they would receive in a traditional doctor's office. For current Lee Health patients, TeleHealth visits are added to their health record to ensure continuity of care.

To download the app, visit the app store on your smartphone or tablet and search for "Lee TeleHealth."

To access a virtual visit from your computer, visit www.leetelehealth.org. After signing up, the patient's information will be preloaded for every virtual visit. Lee TeleHealth does not accept insurance at this time.☆

deaRPharmacist

# Statins Are **Drug Muggers**



by Suzy Cohen, RPh

ear Readers: DHEA is dubbed the "Fountain of Youth" hormone, and it is produced in high quantities during your younger years. After age 30, it slowly begins to decline. It may eventually

flat-line, especially if you are under a lot of stress, or you take a popular medication category called a "statin" which is for cholesterol management.

DHEA stands for dehydroepiandrosterone and it's a naturally-made steroid. There are synthetic versions available for supplementation, however I don't recommend you do that without first speaking to a bio-identical hormone expert.

It is what's known as an "androgen" hormone – think of that as a manly hormone – so it can cause male-pattern hair growth. In women, this can be very unsettling, think of facial hair, and loss of scalp hair, or deepening of the voice, acne, missed periods and PCOS (polycystic ovarian syndrome).

Much of the research is done on higher levels (for instance, how to reduce elevated DHEA).

A glaring omission is low DHEA due to medication use. There are several medications that can deplete levels of DHEA, thus aging you faster. One such category is statin cholesterol medications. If you take a statin, you should definitely speak to your physician about restoring your DHEA, either through supplementation or prescription hormones.

Taking statins can deplete DHEA, it's what I call the 'drug mugging' effect, where a drug mugs a nutrient or essential life-giving hormone. With statin use, you become deficient in DHEA. There are studies to show this.

Low DHEA can cause a lot of damage in the body because it is a precursor to your sex hormones. Therefore, low DHEA means low testosterone and low estrogen. DHEA is what turns into those hormones. If you're a man and run out of testosterone, it's likely because you have run low on DHEA (the precursor). Low testosterone causes you to feel weak, tired, apathetic, uninterested. It causes a loss in bone mass, meaning higher risk of fractures and broken bones if you trip. The medical term for men is andropause and menopause for women. Also, you may gain some belly weight, and lose muscle mass. Again, this happens to both men and women actually, just look at a picture of yourself at 35 and a picture at 55 and you'll see the difference.

DHEA forms estrogen, so a postmenopausal woman (who would have reduced estrogen) may experience hot flashes, anxiety, weight gain, sadness, depression, fatigue and lack of motivation.

Low DHEA might be the result of your medication, and restoring it would be easy, so long as you go slow and start

with low doses. Remember, DHEA is sold over-the-counter. Taking it is solely up to you, and your practitioners. The dose is not one-size-fits-all. If you accidentally take too much DHEA, it could increase risk of hormone-driven cancers and may exacerbate psychiatric problems (mania), so I'm not able to advise you on how much DHEA to take, what form or what

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

# Four Hospitals Earn Top Grades For Patient Safety

atient safety is a top priority at Lee Health and, for the first time, all four of its adult acute care hospitals have earned the highest national marks for safe care. Cape Coral Hospital. Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital each were awarded "A" grades, the highest possible ranking, by The Leapfrog Group in its spring 2019 Hospital Safety Grades.

This recognition demonstrates the amazing work our doctors, advanced providers, nurses and support staff do to provide safe, compassionate care for patients at our hospitals. Leapfrog is a national leader in driving quality health care and we are proud to be honored for our commitment to patient safety. These are the highest collective hospital safety scores we have received from Leapfrog, and we're excited to continue building on this success," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

Since 2000, The Leapfrog Group has promoted improved health care safety, quality and affordability in the United States through a commitment to transparency. The nonprofit organization releases its hospital safety grades twice a year, rating hospitals on 27 measures of safety data. Only 32 percent of the approximately 2,500 acute care hospitals Leapfrog graded received an "A." To earn a top grade, hospitals must receive a raw score of at least 3.151.

Lee Health's full report card is as follows:

Cape Coral Hospital, A, 3.3230 raw score. +0.005 score increase

Gulf Coast Medical Center, A, 3.4144 raw score, +0.0612 score increase

HealthPark Medical Center, A, 3.1641 raw score, +0.0368 score increase

Lee Memorial Hospital, A, 3.1982 raw score, +0.0024 score increase

'These scores highlight our efforts to improve overall patient safety and empower staff to spot potentially dangerous situations, including hospitalacquired infections. Each member of our team is responsible in some way for providing safe care, and these results show how their hard work and dedication have made a difference for our patients," said Scott Kashman, Lee Health chief acute care officer. "We will continue to thrive as national leaders for the advancement of health and healing while

delivering exceptional care and building relationships with our community.

Leapfrog also publishes an annual list of the top children's hospitals in the United States and has named Golisano Children's Hospital of Southwest Florida one of the 10 best in the country for the past three years. To learn more about Leapfrog's Spring 2019 Hospital Safety Grades, visit www.hospitalsafetygrade.

# Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am the single father of a 14-year-old daughter. She is getting into trouble at school for various unacceptable behaviors. She is also lying to me and has stolen some

things from her school. What should I do?

**A:** It sounds as though your daughter is reaching out, and she's choosing inappropriate behaviors to get the attention of anyone; teachers, peers and you. I would have a talk with her and let her know that you are requesting a meeting at the school, and there will be an action plan implemented and there will be privileges for appropriate behavior and removal of privileges for

inappropriate behavior. She also needs to return the items she has stolen from her school. You may have to check her room and school bag or backpack to see if there are additional items she has taken that you are unaware of.

I would also request a referral from the school guidance counselor to a family counselor for you and your daughter. It's important to get to the root cause of the situation. Why is she choosing these behaviors when she could choose more appropriate behaviors and get positive attention and reinforcement?

Sometimes adolescents act out due to fear. Once these issues can be explored with a professional, then a treatment plan with solutions can be put in place.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

# **Overeaters** Anonymous

**T**f food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.☆



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Broadway Palm Dinner Theatre
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American Legion Post 123
Angel Flight SE 1-877-4AN-ANGEL
Audubon Society 472-3744
CHR Community Housing & Resources
Community Foundation of Sanibel-Captiva
COTI Committee of the Islands
CROW - Clinic For The Rehabilitation of Wildlife
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League of Women Voters sanibelLWV@gmail.com Lions Club, Jeff MacDonald 302-521-1158 Master Gardeners of the Islands 472-6940 MOAA - Military Officers Assc. of America, Alex MacKenzie 395-9232 Newcomers 472-9332 Notre Dame Club of Southwest Florida 768-0417 Optimist Club 472-0836 PAWS 472-7257 or 472-0141 Sanibel Bike Club sanibelbicycleclub.org Sanibel Beautification Inc 470-2866 Sanibel-Captiva Orchid Society 472-6940 Sanibel-Captiva Power Squadron www.sancapboating.club Sanibel-Captiva Republican Caucus 395-0819
League of Women Voters

To be listed in calling card email your information to: press@islandsunnews.com

# PETS OF THE WEEK

Lee County Domestic Animal Services

# Jake And Lilac

Tello, my name is Jake. I am a 'Super Senior,' an 8-year-old male Jack Russel mix who is an independent kind of guy that likes to check things out and know what is going on around me. Curiosity may have gotten the better of the cat, but it is keeping this guy young at heart. My curious nature would make me a great companion for a Bark in the Park Miracle game. As



Jake ID# A779357

luck would have it, you get two free tickets with my adoption.

My adoption fee is \$25.

Hi, I'm Lilac, a beautiful and petite calico gal that is the ultimate cuddle bug. I am a 2-year-old female domestic shorthair who is very social and loves to play. I would make a fun, loving addition to your home and, with the adopt a cat or kitten, get a

feline friend at no additional charge, you can also adopt a friend for me.

My adoption fee is \$30, with an adopt one, get one kittie special at no additional

For the month of May, fees will be only \$25 with an approved application and owners of the newly adopted pets will receive two free box-seat tickets to any 2019 Miracle home



photos provided

Lilac ID# A779592

game. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce families to their new, furry friends.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387. ⇔

### Haven on Earth Animal League

# Chester And Dallas

Ti, I'm Chester and I'm a sweet, quiet guy. I'm Livery good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100.

Hello, I'm Dallas. I'm only 3 months old and I'm



Chester

looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vac-cinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@ vahoo.com.₩



**Dallas** 

### **PAWS Of Sanibel**

# Four Kittens **And Momma**



Four kittens

AWS has five beautiful kittens up for adoption. Four are 9 weeks old, and their momma is only 7 to 12 months old. Momma has had her shots, combo-tested negative, treated for fleas, wormed and had spay surgery.



One of the kittens with momma. Sweetie

The kittens, three females and one male, have had their first FVRCP immunization, wormed, treated for fleas and completely checked out by

the vet. Take two kittens, if at all possible. It's so important for them to have a companion when their people aren't around to entertain them. There is very little additional work to care for two.

Call Pam at PAWS at 472-4823 to see these 

### **PAWS Of Sanibel Paris**



Paris, formerly Perry Winkle

AWS has a 6- to 12-month-old kitten at Coral Veterinary Clinic in Fort Myers. Paris was captured using a humane trap at Periwinkle Park.

She weighs 6.5 lbs, has no microchip and appears to be in good health, just very frightened. She was given injections for Rabies and FVRCP, and tested negative for FIV/FeLV. She was spayed on Wednesday, May 22. If you recognize this kitten, or you would consider fostering or adopting her, call Pam at 472-4823. 公

# **PUZZLES**

HART-HEALTHY

Answers on page 55

### **Super** Crossword **VERSE** 111 "8 Simple **ACROSS** 49 "Dies --" 9 Spotted cat 52 Soul singer 87 Long, angry 1 Pasture (Mass hymn) Rules" 10 Fey of "Mean India. speech 6 Boots out 50 Halt 53 Artist Chagall 88 As a joined actress Girls" 12 Part of a 51 Soap star 11 Person on a 54 Make sum Katey group picket fence Emma 112 "- Fideles" quest mistakes? 89 Gp. with 16 Driver's **56** Ukrainian 114 "Gloria in 12 Hebrew 55 Replay putters navig. aid capital excelsis underworld effect, in 91 Fixed charge 19 Lauder of 58 Hidden stash 115 Labor 13 Zodiac cat brief 93 Little tykes, perfumery **62** Follows org. for 14 Bark noise **57** Prospect to Scots 20 "Chicago" 64 Riddle, part 4 dockworkers 15 Salver for **59** PC program 94 Czech sci-fi 116 Riddle's 60 Filly's sibling play of 1921 actress 71 Clears of serving Earl 95 Belief Henshall stuffiness answer Grey, say 61 Beating 21 At this point 73 Stood for 124 Actor Cruise 16 Most terrific organ 96 Historic **63** Chop – 22 50 Cent's 74 Mesa's kin 125 Tuning knob section of a 17 Gratify in a 75 Riddle, part 5 126 Cheapest (Chinesegenre servile way city 18 Goes faster 97 Blue Jays' 23 Start of a 78 Morsels in a line of style dish) 79 "- mind?!" 24 Napping riddle products 65 Bronze-hued city 26 L.A.-to-("Excuse 127 Delay leaving 25 Volcano in E. **98** Go — tear 66 Data, Denver dir. me?!") 128 Ending for Sicily 99 Die dot in brief 30 Uncooked 27 "Was -80 Roll spread Japan 67 Taken 100 WWW 129 Alluring 82 Belief 31 AOL rival illicitly access das?" (German 83 Alphabet 130 Gossipy 32 Here, to 68 Mové away enabler question) opening meddlers Henri from nursing 101 Comrade of 131 In reserve 69 Really 28 Close by 86 "I've had 33 Weed B Fidel 103 Salty body 29 Sports deal to here!" — (Ortho dislike 107 At dawn, e.g. 90 "Big Love" DOWN 70 Make leave 31 Author - de product) Cervantes 1 Hardly any 34 Suffix with 72 Certain 109 Artist's cap 35 Poker payoff 2 Suffix with boxing win, 113 Sour plum Mireille press 36 Riddle, part 2 92 Paella veggie 35 Tip of an for short 114 Video store book 39 "Raging 93 Riddle, part 6 3 Plane ink-filled 76 Opposite offerings Bull" director 102 Slayer of landing implement of "day," in 117 Whopper Martin Medusa guess 37 End of a French 118 Send via a phone line 104 Monetary 4 Suffix with 41 German for college 77 Leased car, 119 Genetic "eight" unit of Iran book URL e.g. 81 Partners of 43 Dresser 105 Dumbfound 38 "It's so cold!" 5 Most moist. helix 120 007 creator sections 106 End of the as a lawn at 40 Look for aahs 44 Riddle, part 3 42 Roman 201 83 Highly riddle dawn Fleming **121** — Lankan 108 Baseball 6 Lead-in to 45 Heat: Prefix 47 "Our Town" pertinent 84 Cow-bison 46 Part of MIT: 122 Hobbit foe actor Frwin two-bagger: "while" 7 Bulge (out) 48 Phnom Abbr. Abbr. hybrids 123 Bill the (capital of 110 Slushy 50 Sofa variety 85 Poker or "Science 8 People: Guy' frozen drink 51 Rough guess Cambodia) Prefix canasta 13 14 15 16 117 21 19 22 20 23 26 25 28 29 32 33 36 38 39 41 42 43 40 44 47 46 48 49 54 58 59 62 65 69 74 75 78 76 79 82 86 90 87 88 93 94 99 100 101 96 102 104 103 106 108 109 110 111 115 116 117 118 119 120 | 121 | 122 | 124 125 126 127 128 129

### King Crossword **ACROSS** 1 Macbeth's title 6 Hot dog side 15 dish Tar 16 18 12 Bay windows 20 14 Mr. Ed's 23 owner 15 President Woodrow -16 Suitable 17 Aristocratic 19 Pair 20 Fishing need 22 U.K. fliers 23 Ball of varn 47 49 50 48 24 Gold-finger? 26 Copious oil 52 wells 28 Water barrier 54 30 Mainlander's 54 Villain's look 9 Get snug and 32 Neatens (up) memento Outstanding 33 Develop COZV 10 Not as fast **DOWN** 34 Disencumber 35 Kitchen lure 39 Apiary house 1 Taiwan's capi- 11 Honey 36 Threatening 40 Tease bunch? conclusion 42 Strait-laced 2 Having a han- 13 Hemingway's 37 More like a

43 Commotion

44 Olympian's

46 Mound stat

middle name

"Die Hard"

52 Loud sounds

Breast

Coverts

Evestripe

Head

Mantle

Primaries

Iris

award

47 Infamous

star

53 Fight

Taxed

49

dle

ment

iect

5 Slip-up

3 Priestly gar-

4 It may be a

proper sub-

6 Cereal quanti-

8 Have a bug

7 Canal of song 29 Copes

"The - of

Kilimanjaro"

21 Tureen acces-

18 Satchel

sory

25 7-Down's

27 Red or Black

mule

23 Tweet

31 Wrap

mud pit

38 Accumulate

Aslan, e.g.

50 Perjurer's pro-

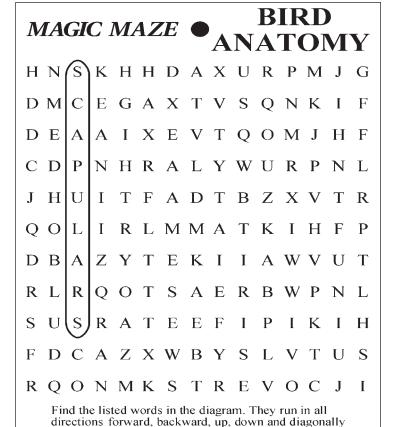
nouncement

41 Sunrises

44 Encounter

45 Narnia's

48 DIY buy



Pupil

Tarsus

Tertials

Scapulars

Thigh

Tibia

Wattle

But Subwetts	Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!  Absolve NEATO Indication CATER Sever UNERDS Mix LEMING
"Harry's on a physical fitness kick—he got rid of the" answer on page 54	TODAY'S WORD

		5	2					9
	7				6		4	
4			7	8		3		
		9		6			8	
2	5				1			7
3			8			4		
	2				3		6	
		6	5			1		
7				1		9		5

# **SUDOKU**

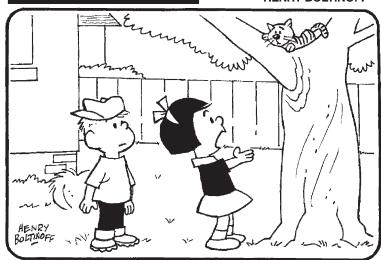
### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

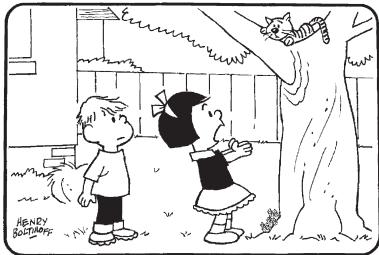
answer on page 55

### **HOCUS-FOCUS**

BY HENRY BOLTINOFF



### FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Boy's hat is missing. 2. Girl's skirt has ruffle. 3. Boy's left arm is hidden. 4. Flowers added near tree. 5. Cat's tail is longer. 6. Girl is extending both arms.

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### **ELECTRICAL**





# My Stars ★★★★

FOR WEEK OF JUNE 3, 2019

Aries (March 21 to April 19) There's nothing an Aries Lamb likes less than having to tackle a humdrum task. But finding a creative way to do it can make all the difference. A more exciting time awaits you this weekend.

**Taurus** (April 20 to May 20) Finishing up a job on time leaves you free to enjoy your weekend without any Taurean guilt pangs. A romantic attitude from an unlikely source could take you by surprise.

Gemini (May 21 to June 20) Moving in a new career direction might be seen by some as risky. But if you have both the confidence to see it through and the facts to back you up, it could prove rewarding.

Cancer (June 21 to July 22) Holding back on a decision might be difficult, considering how long you've waited for this opportunity. But until you're able to resolve all doubts, it could be the wiser course to take

Leo (July 23 to August 22) You still need to move carefully where financial

matters are concerned. Better for the Lion to move slowly than pounce on a "promising" prospect that doesn't keep its promises.

Virgo (August 23 to September 22) A rejection of an idea you believe in can be upsetting. But don't let it discourage you. Get yourself back on track and use what you've learned from the experience to try again.

**Libra** (September 23 to October 22) The early part of the week could find vou looking to balance your priorities between your family obligations and your career responsibilities. Pressures begin to ease by week's end.

**Scorpio** (October 23 to November 21) An associate's problem could cause unavoidable delays in moving ahead with your joint venture. If so, use the time to look into another project you had previously set aside.

Sagittarius (November 22 to December 21) Although a financial problem could be very close to being resolved in your favor, it's still a good idea to avoid unnecessary spending for at least a little while longer.

Capricorn (December 22 to January

19) Support for some unwelcome workplace decisions begins to show up, and continues to build, so that by week's end, the gregarious Goat is as popular

**Aquarius** (January 20 to February 18) Congratulations. Deciding to attend a social function you might have earlier tried to avoid could turn out to be one of the best decisions you've made in a

**Pisces** (February 19 to March 20) Getting into a new situation could prove to be a more difficult experience than you expected. Don't hesitate to ask for advice in coping with some of the more irksome challenges.

Born This Week: Your strong sense of duty makes you a valued and trusted member of your community. Have you considered a career in law enforcement?

### MOMENTS IN TIME

• On June 9, 1772, colonists, angered by the British Parliament's passing of the Townshend Acts restricting colonial trade, board and set ablaze the HMS Gaspee, an armed British customs schooner that had run

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aground. British officials found no one willing to identify those involved, and the inquiry closed without result.

- On June 4, 1919, the 19th Amendment to the U.S. Constitution, guaranteeing women the right to vote, is passed by Congress and sent to the states for ratification. On Aug. 18, 1920, Tennessee became the 36th state to ratify the amendment, giving it the two-thirds majority necessary to make it the law of the land.
- On June 3, 1937, the duke of Windsor – formerly King Edward VIII – marries Wallis Warfield Simpson, the American divorcee for whom he abdicated the British throne in 1936.
- On June 5, 1942, President Franklin D. Roosevelt issues a stern statement warning Japan to stop using poison gas in its war on China. Japan continued its use of these weapons until the end of the war, managing to keep its activities secret.
- On June 8, 1966, the rival National Football League (NFL) and American Football League (AFL) announce that they will merge. The first Super Bowl between the two leagues took place at

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the end of the 1966 season.

- On June 6, 1971, The Ed Sullivan Show airs for the last time, 23 years after its 1948 premiere. Gladys Knight and the Pips were the musical guests.
- On June 7, 2002, Michael Skakel is convicted in the 1975 murder of his former neighbor, 15-year-old Martha Moxley, with a golf club. Skakel, a nephew of Ethel Kennedy, the wife of the late U.S. Senator Robert Kennedy, was sentenced to 20 years to life in prison. In 2018, the Connecticut Supreme Court vacated the conviction and ordered a new trial.

### STRANGE BUT TRUE

- "It is far better to grasp the Universe as it really is than to persist in delusion, however satisfying and reassuring."
- You might be surprised to learn that some fish can hibernate. During the long, dark winters, the Antarctic cod will burrow under the seabed and stay there for days at a time, cutting its metabolism by two-thirds.
  - Despite the fact that famed magician

Harry Houdini exposed a number of mediums and psychics as frauds, Sherlock Holmes novelist Sir Arthur Conan Doyle persisted in believing that Houdini himself was a medium.

- Wearing skinny jeans can cause varicose veins.
- In Germany, Rice Krispies don't say "Snap, Crackle, Pop"; they say "Knisper, Knasper, Knusper.
- Squid are well known for their uncanny ability to camouflage themselves by changing their color to match their background. What's really odd, though, is the fact that the creatures are color-blind.
- The word "conspire" means, literally, "to breathe together," meaning to be in harmony.
- Even though he was arrested and put on trial numerous times, famed 19th-century outlaw Frank James was never convicted of anything and never went to prison. He died in 1915, at the age of 72, of natural causes.
- Those who study such things say that not all your fingernails grow at the same rate. It seems the nail on your middle finger is a bit of an overachiever

- it grows faster than the nails on your other fingers.

### THOUGHT FOR THE DAY

"Give all power to the many, and they will oppress the few. Give all power to the few, and they will oppress the many. Both therefore ought to have power, that each may defend itself against the other." – Alexander Hamilton

After 9, it's turtle time!

# **Cycling** Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

# **CLASSIFIED**

### REAL ESTATE

### **OPEN HOUSE**

1339 Tahiti Drive, Sanibel Island Saturday, May 25, 1p.m.-3p.m. 239-207-6731 Don't miss this last open house of the season! 5/24 \* 5/24

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East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

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### ANNUAL RENTAL **SANIBEL**

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### **PSA**

# NARCENON

Narconon reminds families that the opiate problem in the U.S. is continuing to worsen and it's more important than ever to know and understand the signs and symptoms of an opiate overdose. To learn more about how to identify the signs and symptoms of opiate abuse, go to: http://www.narconon-suncoast. org/blog/how-to-recognize-signsof-an-opiate-overdose.html ADDICTION SCREENINGS Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals.

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### **SCRAMBLERS**

1. Atone; 2. Trace; 3. Sunder; 4. Mingle

Today's Word

REMOTE

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Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills

Hold the fish in the water while you unhook it if you're going to release it.

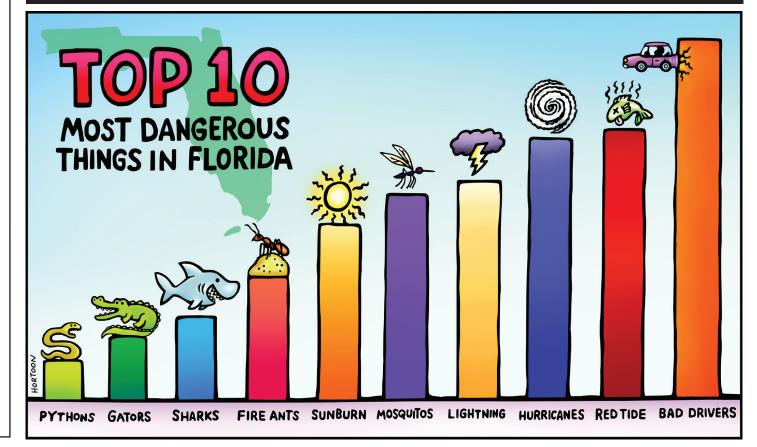
The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water - and do it quickly.

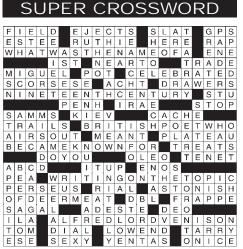
Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim

Florida residents as well as out of state visitors need a fishing license to fish from shore.

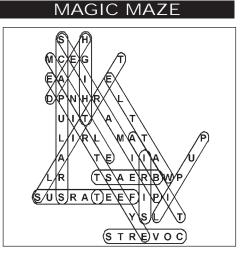
# HORTOONS



# **PUZZLE ANSWERS**



KING CROSSWORD												
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SUDOKU

# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Beach Homes	Captiva	2002	4,551	\$6,499,000	\$6,300,000	32
Captiva Beach	Captiva	1957	2,466	\$4,500,000	\$4,000,000	63
Cottages At Barefoot	Bonita Springs	2001	3,593	\$3,495,000	\$3,200,000	123
Tuscany Isle	Bonita Springs	2012	6,397	\$3,190,000	\$2,875,000	63
Carolands	Bonita Springs	2017	4,485	\$2,999,999	\$2,850,000	701
Barefoot Beach	Bonita Springs	1987	2,330	\$2,999,000	\$3,000,000	0
Isola Bella	Miromar Lakes	2006	4,436	\$2,099,000	\$1,759,500	377
Cassina	Miromar Lakes	2017	3,375	\$1,999,000	\$1,850,000	52
Siena	Bonita Springs	2012	4,028	\$1,489,000	\$1,420,000	21
Sanctuary At Wulfert	Sanibel	1999	4,511	\$1,295,000	\$1,310,000	3



# "FOR THE SUN-KISSED & SUN-DESIROUS ALIKE, A VACATION ON A PLATE."

The New Hork Times

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